



Holy Family Cathedral Parish

Holy Family
Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"In Prayer, Lift up your Hearts to God"

2ND SUNDAY OF LENT - 16th March, 2025 - C

WEEKDAY MASS SCHEDULE FOR THE LENTEN SEASON

Mondays

Holy Family Cathedral - 6:00 am

Tuesdays

Holy Family Cathedral 6:00 am
Potters - 6:00 pm

Wednesdays

Holy Family Cathedral - 6:00 am

Thursdays

Holy Family Cathedral- 6:00 am
Villa - 6:00 pm

Fridays

Holy Family Cathedral
6:00 am & 12:15 pm

Saturdays

Holy Family Cathedral - 8:00 am

Catholic Radio is now offering a new service for our community. Families can now have funeral announcements broadcasted on Catholic Radio to inform friends, relatives, and the wider community about the passing of their loved ones and the details of the funeral services. For more information and to arrange for a funeral announcement, please contact the **Pastoral Office** at **562-2693**. *May this service bring comfort and support to our parish members during their time of loss.*

Stations of the Cross are held at 7:00 pm every Friday evening for the season of Lent.

Couples for Christ Ministries will host a Take Away Breakfast on Saturday 29th March, 2025 on Holy Family Cathedral grounds from 7:30am to 10:00am. Proceeds are in aid of our outreach program. Tickets cost \$15.00 and can be purchased from any member of the group or at the Pastoral Centre.

CATECHISTS LENTEN RETREAT/ PILGRIMAGE: The Catechists of both Parishes will be on Retreat at Mount Tabor on Saturday 22nd March. Please keep them in your prayers.

CONFIRMATION CANDIDATES weekend Retreat: The Confirmation Candidates from both Parishes who will be confirmed this year will be on Retreat from April 4-6 at Mount Tabor. Please pray for our young people.

LENTEN FOOD PANTRY DRIVE: Join the Catechetical and Youth Ministries this Lenten as we "Give Hope" to needy families through our Food Drive. Drop your non-perishable food items in the box provided at the main door in the Cathedral or at the Pastoral Centre.

THE CATHEDRAL BOOK STORE is having a SALE on Lenten books - cost **\$5.00**. Available are :-

- The Spirit filled Jesus Book
-
- Outlines of the Catholic Faith

Rosaries are also available in white and yellow & blue. Seeds of Faith Books will be given away with your Lenten Purchase.

The annual **ST. JOSEPH'S DAY FUNDRAISING LUNCH** will be held on Saturday, 22nd March, 2025 from 12 noon to 2:00 p.m. on the grounds of St. Joseph's Academy. On the menu will be baked and barbecued chicken, jerked and stewed pork and saltfish. Each entre is served with a selection of side dishes. All meals are \$30. Fish meals, which are \$35, will be 'pre-orders only' and must be done through the school's office.

A complimentary Local Juice is provided with every meal. For additional information or group orders please call 462-2121 or 779-0900.

All active and auxiliary members of the Legion of Mary are invited to the annual ACIES meeting on Sunday 23rd March, 2025 in Holy Family Cathedral. This meeting starts promptly at 3:00pm. All are kindly asked to make an effort and to be on time.

A Workshop on Grief and Loss, 'A Lenten Journey Through Grief' is being planned for early April. Interested individuals can pick up a registration form at the Pastoral Centre or at OLPH Parish Office. Please contact Fr. Pierre for further information.

LAST WEEK'S COLLECTION *9th March, 2025*

Cathedral	1st	2nd
Saturday	\$1,942.60	\$658.72
Sunday 7:00 am	1,391.10	\$ 498.15
9:00 am	\$1,709.31	\$ 716.50
Out Stations		
Potters	\$ 656.00	\$ 152.10
Parham	\$1,281.85	\$ 258.21
Villa	\$ 825.25	\$ 366.75
Diocesan Schools	\$ 40.00	

Thanks for your Generosity

"DIVINE MERCY ASSOCIATION IN FORMATION"

Holy Family Cathedral and Our Lady of Perpetual Help Parishes are in the PROCESS of Forming A DIVINE MERCY ASSOCIATION.

The Necessary Research and Fact Finding are in Process. Persons who are Interested in becoming Members of this Association may contact any of the following persons:

HFC Parish:

- Deacon Paddy Benjamin
- Deacon Rosario
- Hispanic Community
- Ms. A Agnes Blaize.

OLPH Parish:

- Fr. Astu Jean-Paul Sade

GOOD FRIDAY: Good Friday will be our Second Jubilee Pilgrimage. This will be from Our Lady of Perpetual Help to Mount Tabor Retreat Center—more information in the coming weeks. There are still a few more Jubilee shirts remaining for sale. Call the office to check for available sizes.

ALTAR SERVERS: Persons who were Altar Servers and those interested in becoming Altar Servers are invited to a Training Session on Saturday, April 4, at 1:30 p.m. in the Cathedral.

PRAYER FOR THE SICK & SHUT-INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands.

We place our sick under your care and humbly ask that you restore your servant to health again. Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Andrea Canterbury, Colette Simon, Brenda Frederick, Elma Skerritt.



Jubilee 2025

Word Search Puzzle

U D I S A B I L I T Y N T E S
C O N F R A T E R N I T Y N E
Y D Y Q P E B I S H O P G T M
W O R K E R P T K U W N N R I
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Jubilee of...

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| <input type="checkbox"/> CHILDREN | <input type="checkbox"/> GOVERNMENT | <input type="checkbox"/> SEMINARIAN |
| <input type="checkbox"/> CONFRATERNITY | <input type="checkbox"/> GRANDPARENT | <input type="checkbox"/> SPORT |
| <input type="checkbox"/> DEACON | <input type="checkbox"/> HOPE | <input type="checkbox"/> TEENAGER |
| <input type="checkbox"/> DISABILITY | <input type="checkbox"/> MISSIONARY | <input type="checkbox"/> VOLUNTEERING |
| <input type="checkbox"/> ELDERLY | <input type="checkbox"/> MUSIC | <input type="checkbox"/> WORKER |

This Sunday's Readings

First Reading

Genesis 15: 5-12, 17-18

Responsorial Psalm

Psalms 27: 1, 7-9, 13-14

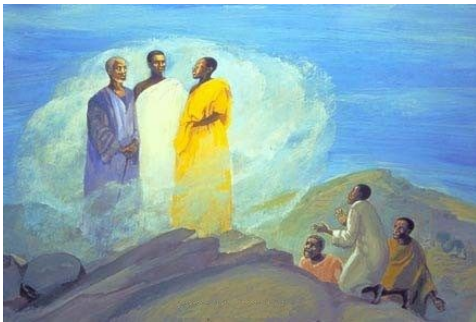
Second Reading

Philippians 3: 17—4:1 or 3: 20—4:1

Gospel

Luke 9: 28-36

"He took the apostles and went up the mountain to pray."



Readings for Monday to Saturday

Monday 17th March

Daniel 9: 4-10

Psalms 79: 8-9, 11 & 13

Luke 6: 36-38

St. Patrick, bishop

Tuesday 18th March

Isaiah 1: 10, 16-20

Psalms 50: 8-9, 16-17, 21 & 23

Matthew 23: 1-12

St. Cyril of Jerusalem, bishop & doctor

Wednesday 19th March

2 Samuel 7: 4-5, 12-14, 16

Psalms 89: 2-5, 27 & 29

Romans 4: 13, 16-18, 22

Matthew 1: 16, 18-21, 24 or Luke 2: 41-51

Solemnity of St. Joseph, Husband of Mary

Thursday 20th March

Jeremiah 17: 5-10

Psalms 1: 1-4 & 6

Luke 16: 19-31

Friday 21st March

Genesis 37: 3-4, 12-13, 17-28

Psalms 105: 16-21

Matthew 21: 33-43, 45-46

Day of abstinence from meat.

Saturday 22nd March

Micah 7: 14-15, 18-20

Psalms 103: 1-4, 9-12

Luke 15: 1-3, 11-32

WHAT THE FIRST READING SAYS TO ME

A living faith in God is the prerequisite for prayer: Abraham "put his faith in the Lord." A trance fell upon Abraham, and in prayer he experienced God who sealed his faith with a covenant. The ancient covenant rite (two people making a covenant) prescribed that the sacrificial animals be divided into two halves and the contracting parties walk in between, stating that they were willing to become like the dismembered animals if they should fail to keep the covenant. In the tradition found in the present reading, it is God who seals the covenant by passing between the "pieces" in the form of "a smoking fire pot and a flaming torch" (fire symbolizes God's presence; think of Pentecost, for example).

What is the sacred writer, inspired by God, trying to teach us? Obviously, that we should follow Abraham's example of faith and conversing with God. By doing this, you will experience that the Lord is your "light" and "salvation".

WHAT THE SECOND READING SAYS TO ME

Paul invites the Philippians to follow him as he follows Christ, whom we see in today's Gospel as a man of prayer. At the beginning of the Eucharistic Prayer, the priest invites you to lift up your hearts. Paul does the same by inviting those who are "occupied with earthly things" to look up to heaven. Then God will give a new form to "our lowly body," as we see indicated in the Lord Jesus praying on the mountain.

WHAT THE GOSPEL SAYS TO ME

In this highly symbolic narrative, Luke brings out an important lesson on prayer. Conversing with God in prayer changes us; it widens our vision, and with God's grace it often makes us experience the transcendent—in other words, it makes us feel that there must be something more than simply what we can observe with our senses.

Jesus was a man of prayer. Luke compares him with Moses and Elijah who often conversed with God in prayer. He wants his disciples to do likewise. Peter said: "Master, it is good that we are here." Prayer is something you must learn and by doing it regularly you will find out it has meaning. Only by listening will you hear God's voice in you. "Listen to him."

Saint of the Day - 19th March, 2025

Saint Joseph's Story

The Bible pays Joseph the highest compliment: he was a "just" man. The quality meant a lot more than faithfulness in paying debts. When the Bible speaks of God "justifying" someone, it means that God, the all-holy or "righteous" one, so transforms a person that the individual shares somehow in God's own holiness, and hence it is really "right" for God to love him or her. In other words, God is not playing games, acting as if we were lovable when we are not.

By saying Joseph was "just," the Bible means that he was one who was completely open to all that God wanted to do for him. He became holy by opening himself totally to God. The rest we can easily surmise. Think of the kind of love with which he wooed and won Mary, and the depth of the love they shared during their marriage. It is no contradiction of Joseph's manly holiness that he decided to divorce Mary when she was found to be with child. The important words of the Bible are that he planned to do this "quietly" because he was "a righteous man, yet unwilling to expose her to shame" (Matthew 1:19).

The just man was simply, joyfully, wholeheartedly obedient to God—in marrying Mary, in naming Jesus, in shepherding the precious pair to Egypt, in bringing them to Nazareth, in the undetermined number of years of quiet faith and courage.

Reflection

The Bible tells us nothing of Joseph in the years after the return to Nazareth except the incident of finding Jesus in the Temple (Luke 2:41-51). Perhaps this can be taken to mean that God wants us to realize that the holiest family was like every other family, that the circumstances of life for the holiest family were like those of every family, so that when Jesus' mysterious nature began to appear, people couldn't believe that he came from such humble beginnings: "Is he not the carpenter's son? Is not his mother named Mary...?" (Matthew 13:55a). It was almost as indignant as "Can anything good come from Nazareth?" (John 1:46b).



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