



Holy Family Cathedral Parish

Holy Family
Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"Honesty in Christians Witness"

8TH SUNDAY OF ORDINARY TIME - 2nd March, 2025 - C

**THE CATHEDRAL BOOK STORE
IS LOCATED IN THE PASTORAL
CENTRE.**



Weekday Mass Schedule

Monday

Holy Family Cathedral 6:00pm

Tuesday

Holy Family Cathedral 6:00 am

St. Anthony's Potters 6:00pm

Wednesday

Holy Family Cathedral 6:00pm

Thursday

Holy Family Cathedral 6:00 am

St. Francis of Assisi, Villa 6:00pm

Friday

Holy Family Cathedral 12:15 noon

Saturday

Holy Family Cathedral 8:00am

Catholic Radio is now offering a new service for our community. Families can now have funeral announcements broadcasted on Catholic Radio to inform friends, relatives, and the wider community about the passing of their loved ones and the details of the funeral services. For more information and to arrange for a funeral announcement, please contact the **Pastoral Office** at 562-2693.

May this service bring comfort and support to our parish members during their time of loss.

Marriage Preparation Class will begin on 15th March from 9:00 am in the Pastoral Centre. Interested couples can collect a registration form at the Pastoral Centre or at Tyrells Office.

Adoration of the Blessed Sacrament continues every Friday immediately after the 12:15pm Mass until 7:00pm in Holy Family Cathedral chapel. All are invited.

Parishioners are advised that priests are available for confessions immediately after the weekday Masses and after Mass on Saturdays until 12:00 noon. You can also call the Parish Office and make an appointment to see a priest for confession.

ASH WEDNESDAY - 5th March, 2025

MASS SCHEDULE

Holy Family Cathedral

- 6:00 am
- 12:00 noon
- 7:00 pm

VILLA

- 6:00pm

SCHOOLS

- 8:00 am



THE CATHEDRAL BOOK STORE is having a SALE on Lenten books - cost **\$5.00 each. Available are :-**

- The Way of the Cross Booklet
- Daily Reflection for LENT
- Outline of the Catholic Faith

Rosaries are also available in white and yellow & blue. Seeds of Faith Books will be given away with your Lenten Purchase.

LENTEN MISSION - March 10th—14th at Holy Family Cathedral - 7:00 pm nightly under the theme: Reconciliation with Bishop Robert Llanos

All members of the Hospitality Ministry past and present, young and old are invited to a meeting on Saturday 8th March at 3:00 pm on the grounds of Holy Family Cathedral.

"DIVINE MERCY ASSOCIATION IN FORMATION"

Holy Family Cathedral and Our Lady of Perpetual Help Parishes are in the PROCESS of Forming A DIVINE MERCY ASSOCIATION.

The Necessary Research and Fact Finding are in Process. Persons who are Interested in becoming Members of this Association may contact any of the following persons:

HFC Parish:

-Deacon Paddy Benjamin
-Deacon Rosario - Hispanic Community
-Ms. A Agnes Blaize.

OLPH Parish:

-Fr. Astu Jean-Paul Sade

LAST WEEK'S COLLECTION

23rd February, 2025

Cathedral	1st	2nd
Saturday	\$1,775.50	\$ 483.80
Sunday 7:00 am	\$ 929.55	\$ 323.30
9:00 am	\$1,989.22	\$ 697.96
Out Stations		
Potters	\$ 513.00	\$ 81.20
Parham	\$ 615.00	\$ 101.25
Villa	\$1,276.62	\$ 219.33
Diocesan Schools	\$ 60.00	

Thanks for your Generosity

This **Lent**, God is asking us to examine whether in our lives, in our families, in the places where we work and spend our time, we are capable of walking together with others, listening to them, resisting the temptation to become self-absorbed and to think only of our own needs. Let us ask ourselves in the presence of the Lord whether, as bishops, priests, consecrated persons and laity in the service of the Kingdom of God, we cooperate with others. Whether we show ourselves welcoming, with concrete gestures, to those both near and far. Whether we make others feel a part of the community or keep them at a distance. This, then, is a second call to conversion: a summons to synodality. (**excerpt from Pope Francis' Lenten Message 2025**)

PRAYER FOR THE SICK & SHUT-INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyer, Victor Charles, Junie Browne, Cheralyn Beazer, Jean Mathurin, Yvonne Watkins, Bernard McKennon, Andrea Canterbury, Colette Simon,



Jubilee of Volunteering

WHO IS A VOLUNTEER? WHAT IS VOLUNTEERING?

This word has many meanings in Catholic settings. Each diocese/eparchy or parish can establish parameters for what it exactly means for each context, but here are a few thoughts about who can be included within the broad category of "volunteering." This is not an exclusive list, but may spark your own creativity:

- ◆ Parishioners who volunteer for one or more of the ministries in a parish community (i.e., liturgical ministers, church council members, children's catechists, musicians or choir members, food pantry support, soup kitchen, Knights of Columbus, altar servers, non-paid ministry coordinators, etc.).
- ◆ Lay Catholics who give of their time and giftedness to the civic community (i.e., docents, volunteer firefighters, community clean-up work, non-paid assisted living support, those who assist with secular poverty programs and shelters, those who coordinate community social events, etc.).
- ◆ Lay Catholics who are active on the regional, national, or global level through volunteer based service and/or mission organizations (i.e., Catholic Volunteer Network, Catholic Charities, Catholic Relief Services, Jesuit Volunteer Corps, Glenmary, Maryknoll, Nazareth Farm, Amate House, Habitat for Humanity, Appalachia Service Project, AmeriCorps, Teach for America, Greenpeace, Mercy Volunteer Corps, Franciscan Mission Service, Salesian Lay Missioners, etc.).

The heart of a volunteer exudes a generous devotion to service for others and the mission of the Gospel. In upholding the dignity of every person, volunteers are stewards of the gifts God has given them to advance the work of the Church, to alleviate human suffering, or to contribute to the transformation of the world.

A FEW KEY SAINTS & BLESSEDS - *Holy Companions for Lay Volunteers*

- St. Martha (first century, feast day July 29), sister of Mary and Lazarus of Bethany and friend of Jesus of Nazareth; she is known from the Scriptures for her service in the home and her bold friendship with the Lord. An advocate for hospitality, we know little of her life after the Resurrection.
- St. Vincent de Paul (1581-1660, feast day September 27), patron of charities, volunteers, and hospitals and co-founder of the Congregation of the Mission (the Vincentians) and the Confraternity of Charity. A native of France, Vincent was a humble, compassionate priest who dedicated himself to serving the poor.
- St. Vincent Pallotti (1795-1850, feast day January 22), founder of the Union of the Catholic Apostolate and the Society of the Catholic Apostolate (in 1835), who believed that all (ordained, consecrated, and lay alike) are called to be apostles, co-responsible for the Church's mission.

PRAYER FOR LAY VOLUNTEERS - *Christifideles Laici Prayer*

O Most Blessed Virgin Mary, Mother of Christ and Mother of the Church, with joy and wonder we seek to make our own your Magnificat, joining you in your hymn of thankfulness and love. With you we give thanks to God, "whose mercy is from generation to generation", for the exalted vocation and the many forms of mission entrusted to the lay faithful. God has called each of them by name to live his own communion of love and holiness and to be one in the great family of God's children. He has sent them forth to shine with the light of Christ and to communicate the fire of the Spirit in every part of society through their life inspired by the gospel.

This Sunday's Readings

First Reading

Sirach 27: 4-7

Responsorial Psalm

Psalms 92: 2-3, 13-16

Second Reading

1 Corinthians 15: 54-58

Gospel

Luke 6: 39-45

"No healthy tree bears bad fruit"



Readings for Monday to Saturday

Monday 3rd February

Sirach 17: 20-24

Psalm 32: 1-2, 5-7

Mark 10: 17-27

St. Katharine Drexel, Virgin

Tuesday 4th March

Sirach 35: 1-12

Psalm 50: 5-8, 14, 23

Mark 10: 28-31

St. Casimir

Wednesday 5th March

Joel 2: 12-18

2 Corinthians 5: 20—6:2

Psalm 51:3-6, 12-14, 17

Matthew 6:1-6, 16-18

Thursday 6th

Deuteronomy 30:15-20

Psalm 1: 1-4, 6

Luke 9: 22-25

Friday 7th March

Isaiah 58:1-9

Psalm 51: 3-6, 18-19

Matthew 9: 14-15

St. Perpetua & St. Felicity, martyrs

Saturday 8th March

Isaiah 58: 9-14

Psalm 86: 1-6

Luke 5: 27-32

St. John of God, religious

WHAT THE FIRST READING SAYS TO ME

This reading introduces the theme of the Gospel on human language. Nonbelievers observe Christians, preachers (priests) and lay people alike very critically. All Christians are called to witness to Jesus Christ and what he stands for. But Christian witness is credible only if it can stand the test. Are we honest?

As the Responsorial Psalm brings out: Only just people, "they that are planted in the house of the Lord," shall bear fruit.

WHAT THE SECOND READING SAYS TO ME

Paul deals again with our hope of the resurrection. But faith in a hereafter should not be an excuse to take it easy. "Be firm, steadfast,... fully devoted to the work of the Lord," which includes honest Christian witness.

WHAT THE GOSPEL SAYS TO ME

In their language of preaching, the disciples must check whether their words are genuinely inspired by the standards of the Lord Jesus. His light should shine through their rhetoric. If such is not the case with a preacher, he is like a blind man guiding another blind person. The same should be true when preacher is correcting sinners. His language is credible only if he is honest with himself.

Finally, since not only priests but all Christians should bear witness, we should be honest with one another. Only if people feel that I am a good person who produces goodness from the good of my heart will my words be accepted by them.

JUBILEE SACRED SITE PHOTO BOOTH: Place take your photo at the photo booth at the front entrance of the Cathedral and make it your profile picture for the Jubilee year. Share on your status, with your friends and family and proclaim "You are a Pilgrim of Hope"

Saint of the Day - 8th March, 2025

Saint John of God's Story

Having given up active Christian belief while a soldier, John was 40 before the depth of his sinfulness began to dawn on him. He decided to give the rest of his life to God's service, and headed at once for Africa where he hoped to free captive Christians and, possibly, be martyred.

He was soon advised that his desire for martyrdom was not spiritually well based, and returned to Spain and the relatively prosaic activity of a religious goods store. Yet he was still not settled. Moved initially by a sermon of Saint John of Avila, he one day engaged in a public beating of himself, begging mercy and wildly repenting for his past life.

Committed to a mental hospital for these actions, John was visited by Saint John, who advised him to be more actively involved in tending to the needs of others rather than in enduring personal hardships. John gained peace of heart, and shortly after left the hospital to begin work among the poor.

He established a house where he wisely tended to the needs of the sick poor, at first doing his own begging. But, excited by the saint's great work and inspired by his devotion, many people began to back him up with money and provisions. Among them were the archbishop and marquis of Tarifa.

Behind John's outward acts of total concern and love for Christ's sick poor was a deep interior prayer life which was reflected in his spirit of humility. These qualities attracted helpers who, 20 years after John's death, formed the Brothers Hospitallers, now a worldwide religious order.

John became ill after 10 years of service, but tried to disguise his ill health. He began to put the hospital's administrative work into order and appointed a leader for his helpers. He died under the care of a spiritual friend and admirer, Lady Ana Ossorio.



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