



Holy Family Cathedral Parish

Holy Family
Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



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"The Ineffable Mystery of God"

SOLEMNITY OF THE MOST HOLY TRINITY - 15th June, 2025 - C

WEEKDAY MASS SCHEDULE

Monday

Holy Family Cathedral 6:00pm

Tuesday

Holy Family Cathedral 6:00 am
St. Anthony's Potters 6:00pm

Wednesday

Holy Family Cathedral 6:00pm

Thursday

Holy Family Cathedral 6:00 am
St. Francis of Assisi, Villa 6:00pm

Friday

Holy Family Cathedral 12:15 noon

Saturday

Holy Family Cathedral 8:00am

Parishioners are advised that **Sunday 15th June, 2025** is **Father's Day**. A special envelope is provided for this collection. Please support the priests.

The Society of St Vincent de Paul, St Joseph's Conference invites you to its **Annual Fathers' Day lunch** on **June 15th** on Holy Family Cathedral grounds from **10:30 am to 12:30 pm**. Contribution: **\$25.00**. A scrumptious meal awaits you. Please support.

FIRST HOLY COMMUNION CELEBRATION: We pray for the 20 candidates who will receive the Sacrament of Holy Eucharist on Sunday 15th June, Trinity Sunday. We also pray for their parents.

THE SOLEMNITY OF CORPUS CHRISTI will be celebrated next Sunday 22nd June, 2025 at 9:00 am with **ONE PARISH MASS**. All Leaders of the respective groups are reminded to get their banners ready for the witness procession after Mass.

ALL ABOARD! SUMMER CAMP 2025 will be held from June 30th to July 11th 2025 at the St. Lwanga Youth Centre.
Age Group: 5 - 12 years,
Time: 9 am - 3 pm
Cost: \$350.00 which includes daily hot meals, material and outing. Registration is now open until June 25th.

Parishioners are kindly asked to take note that the Mass for *Solemnity of the Nativity of St. John the Baptist* will be celebrated on Tuesday, 24th June, 2025. Mass will be at **6:30 pm** instead of the usual time **6:00 am**.

LECTIO DIVINA



"The Trinity is a communion of love"

Read: The first reading describes the creative power of divine Wisdom, an image which points to the Son of God. The Son was there with the Father at creation and is the means of the Father's saving plan. We have hope in eternal life through the gift of the Holy Spirit.

Reflect: We begin our Mass, we baptize, we give blessings, all in the name of the Most Holy Trinity. The Trinity is fundamental to our Christian faith. It's said that Christopher Columbus began every letter and every adventure in the name of the Trinity. On his third voyage in 1498, he vowed to consecrate the first land he would discover to the Trinity. Its name has remained Trinidad ever since. May the feast of the Trinity deepen our faith in the Triune God and, like Columbus, inspire us to dedicate our plans, adventures and daily living to the God who made us, redeemed us and sanctifies us.

Pray: Pray the Glory be slowly. Pray other prayers in honour of the Most Holy Trinity.

Act: The Trinity is a communion of love. We are to imitate that communion in the way we deal with other people, who are made in the image and likeness of God. Share some time with friends today or devote some time to praying for others.

LAST WEEK'S COLLECTION 8th June, 2025

Cathedral	1st	2nd
Saturday	\$1,579.02	\$ 682.36
Sunday 7:00 am	XXX	XXX
9:00 am	\$4,949.06	\$1,242.86
Hispanic	XXX	-
Out Stations		
Potters	XXX	XXX
Parham	XXX	XXX
Villa	XXX	XXX
Diocesan Schools	\$ 340.00	-

Thanks for your Generosity

PRAYER FOR THE SICK & SHUT-INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands.

We place our sick under your care and humbly ask that you restore your servant to health again. Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Colette Simon, Brenda Frederick, Elma Skerritt.

Prayer for Protection during the Hurricane Season

O God, Master of this passing world, hear the humble voices of your children. The Sea of Galilee obeyed your order and returned to its former quietude. You are still the Master of land and sea. We live in the shadow of a danger over which we have no control. During this hurricane season we turn to You, O loving Father. Spare us from past tragedies whose memories are still so vivid and whose wounds seem to refuse to heal with the passing of time. O Virgin, Star of the Sea, our beloved Mother, we ask you to plead with your Son on our behalf, so that spared from the calamities common to this area and animated with a true spirit of gratitude, we will walk in the footsteps of your Divine Son to reach the heavenly Jerusalem, where a stormless eternity awaits us. Amen.



Jubilee 2025

Sports

14th - 15th June

SPORTS MINISTRY

Sports have been part of the Christian experience since the beginning of the Church, as athletes were among the first Christians. Successive popes and Catholic leaders in recent history have also encouraged the integration of the Gospel in the world of sports. Various organizations such as Catholic Athletes for Christ were established to help give Catholic support to athletes, coaches, and sports ministers.

A CATHOLIC ATHLETE'S GUIDE TO ENGAGING IN HOLINESS AND EVANGELIZATION.

The following can be a list of guiding principles for any Catholic athlete, as well as manager, coach, or family member connected to the world of sports, who seeks to engage more deeply in a life of holiness and evangelization in his or her journey to and through the Jubilee Holy Year in 2025.

- ⇒ The Catholic athlete is part of the evangelizing mission of the Catholic Church. The Catholic athlete opens themselves to the indwelling of the Holy Trinity in their souls in prayer and allows the Holy Trinity to guide them on their Catholic athletic ecclesial mission to bring a spirit of holiness and virtue to the local and global sports world.
- ⇒ Catholic athletes are grounded in the liberating truths of Catholic theology and spirituality and are committed to deepening their understanding and capacity to share their Catholic faith intellectually and spiritually.
- ⇒ All Catholics are called to be dedicated to the Catholic formation of our Catholic coaches and Catholic athletes and to developing a refined spirit of ecumenism and inter-faith charity that inspires the non-Catholic coaches and athletes we work and pray with.

KEY SAINTS - HOLY COMPANIONS FOR ATHLETES, COACHES, AND FANS

- ⇒ St. Joseph the Worker (first century, feast days March 19 and May 1), foster father of Jesus and spouse of the Blessed Virgin Mary; he completely dedicated himself to service to the Holy Family through his strength and resilience, serving as the Lord's father figure in Jesus.
- ⇒ St. Sebastian (third century, feast day January 20), strong young captain of the Praetorian Guard during the reign of the Roman Emperor Diocletian, yet secretly provided aid to persecuted Christians. "Martyred twice," once by being shot with arrows (yet survived and nursed back to health), then beaten to death by cudgels.
- ⇒ St. John Paul II (1920-2005, feast day October 22), skier, kayaker, hiker, fisherman, and outdoorsman, spoke frequently on the power of sports to help in the development of young people's faith.

THE JUBILEE PRAYER (AMENDED)

Father in heaven, may the faith you have given us in your Son, Jesus Christ, our brother and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

This Sunday's Readings

First Reading

Proverbs 8: 22-31

Responsorial Psalm

Psalms 8: 4-9

Second Reading

Romans 5: 1-5

Gospel

John 16: 12-15



"When the Spirit of truth comes, he will guide you into the whole truth."

Readings for Monday to Saturday

Monday 16th June

2 Corinthians 6: 1-10

Psalm 98: 1 - 4

Matthew 5: 38-42

Tuesday 17th June

2 Corinthians 8: 1-9

Psalm 146: 2, 5- 9

Matthew 5: 43-48

Wednesday 18th June

2 Corinthians 9: 6-11

Psalm 112: 1- 4, 9

Matthew 6: 1-6, 16-18

Thursday 19th June

2 Corinthians 11: 1-11

Psalm 111: 1-4 , 7-8

Matthew 6: 7-15

St. Romuald, abbot

Friday 20th June

2 Corinthians 11: 18, 21-30

Psalm 34: 2-7

Matthew 6: 19-23

Saturday 21st June

2 Corinthians 12: 1-10

Psalm 34: 8-13

Matthew 6: 24-34

St. Aloysius Gonzaga, religious

WHAT THE 1ST READING SAYS TO ME

God has created the universe by his infinite Wisdom. The universe is "the work of [his] fingers". In this passage God's Wisdom is introduced to us as a person. Later John will speak of God's Wisdom as Word of God and Light of God.

We learn how the ancient Hebrews experienced God's Wisdom in creation. We should follow that example. "O Lord, our God, how wonderful your name in all the earth!".

WHAT THE 2ND READING SAYS TO ME

Paul describes how afflicted persons can experience God Father, Son, and Holy Spirit in their lives. Whatever happens, in faith we know that we are at peace with God through Jesus Christ, who died for our sins. We have hope in God, and the Holy Spirit, given to us in baptism, is the pledge of God's fidelity.

WHAT THE GOSPEL SAYS TO ME

John does not teach the doctrine of the Blessed Trinity explicitly. But he speaks of Father, Son, and Holy Spirit. The Father is the origin of all creation. We experience him through Jesus Christ, who is his Wisdom, Word, Light, and perfect Image. And the Spirit, who proceeds from both, will guide us to all truth.

The apostles did not have a complete understanding of their mission when our Lord left them visibly. But his Spirit was to guide them. Similarly, we need the Holy Spirit to guide us on our path through life.

Saint of the Day - June 21st *Saint Aloysius Gonzaga's Story*

The Lord can make saints anywhere, even amid the brutality and license of Renaissance life. Florence was the "mother of piety" for Aloysius Gonzaga despite his exposure to a "society of fraud, dagger, poison, and lust." As a son of a princely family, he grew up in royal courts and army camps. His father wanted Aloysius to be a military hero.

At age 7 Aloysius experienced a profound spiritual quickening. His prayers included the Office of Mary, the psalms, and other devotions. At age 9 he came from his hometown of Castiglione to Florence to be educated; by age 11 he was teaching catechism to poor children, fasting three days a week, and practicing great austerities. When he was 13 years old, he traveled with his parents and the Empress of Austria to Spain, and acted as a page in the court of Philip II. The more Aloysius saw of court life, the more disillusioned he became, seeking relief in learning about the lives of saints.

A book about the experience of Jesuit missionaries in India suggested to him the idea of entering the Society of Jesus, and in Spain his decision became final. Now began a four-year contest with his father. Eminent churchmen and laypeople were pressed into service to persuade Aloysius to remain in his "normal" vocation. Finally he prevailed, was allowed to renounce his right to succession, and was received into the Jesuit novitiate.

Like other seminarians, Aloysius was faced with a new kind of penance—that of accepting different ideas about the exact nature of penance. He was obliged to eat more, and to take recreation with the other students. He was forbidden to pray except at stated times. He spent four years in the study of philosophy and had Saint Robert Bellarmine as his spiritual adviser.



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