



# Holy Family Cathedral Parish

Holy Family  
Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



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*"Growth into the Image of the Heavenly Father"*

**7TH SUNDAY OF ORDINARY TIME - 23rd FEBRUARY, 2025 - C**

**THE CATHEDRAL BOOK STORE  
IS LOCATED IN THE PASTORAL  
CENTRE.**



## Weekday Mass Schedule

### Monday

Holy Family Cathedral 6:00pm

### Tuesday

Holy Family Cathedral 6:00 am

St. Anthony's Potters 6:00pm

### Wednesday

Holy Family Cathedral 6:00pm

### Thursday

Holy Family Cathedral 6:00 am

St. Francis of Assisi, Villa 6:00pm

### Friday

Holy Family Cathedral 12:15 noon

### Saturday

Holy Family Cathedral 8:00am

Parishioners are kindly asked to bring to the Presbytery their Palms from last year's Palm Sunday Mass on Saturday 1st March to be burnt to make the ashes for this year's Ash Wednesday Mass.

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**The next marriage preparation class** will be held in March 2025. Interested couples can collect a registration form at the Pastoral Centre or at Tyrells Office.

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**Adoration** of the Blessed Sacrament is held every Friday immediately after the 12:15pm Mass until 7:00pm in Holy Family Cathedral chapel. All are invited.

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**Parishioners are advised that** priests are available for confessions immediately after the weekday Masses and after Mass on Saturdays until 12:00 noon. You can also call the Parish Office and make an appointment to see a priest for confession.

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**ASH WEDNESDAY - 5th March**  
Mass Schedule

**Holy Family Cathedral**

- 12:00 noon
- 7:00 pm

**VILLA**

- 6:00pm

**SCHOOLS**

- 8:00 am



**All members of the Hospitality Ministry** past and present, young and old are invited to a meeting on Saturday 8th March at 3:00 pm on the grounds of Holy Family Cathedral.

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## **S.J.A Sports Day**

All are invited to attend and witness the S.J.A Annual Track and Field Competition and Figure Marching Display on **Thursday, February 27, 2025**. The First event will begin at **1:00 pm**. There is No Admission.

## **Four (4) Houses:**

1. St. Albert's
2. St. Edmund's
3. St. George's
4. St. Patrick's

Which House will capture the coveted Trophy? Come and see!

\*\*\*\*\*

**There is a vacancy at St. Joseph's Academy** to teach **Art** at the Forms 1 – 2 level and **English A** (Language) at the Form 1 level. Suitably qualified applicants may apply as soon as possible to *the Principal, St. Joseph's Academy, P.O. Box 234* or by email: [sjaantigua@gmail.com](mailto:sjaantigua@gmail.com) or drop off a hard copy at the school's office.

## **LAST WEEK'S COLLECTION**

*16th February, 2025*

Cathedral	1st	2nd
Saturday	\$1,808.14	\$ 537.64
Sunday 7:00 am	\$1,973.79	\$ 262.62
9:00 am	\$2,442.12	\$509.87
Out Stations		
Potters	\$ 285.00	\$ 193.25
Parham	\$ 614.90	\$ 257.75
Villa	\$ 595.80	\$ 280.45
Diocesan Schools	\$ 90.00	

Thanks for your Generosity

## PRAYER FOR THE SICK & SHUT - INS:

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Cheralyn Beazer, Jean Mathurin, Yvonne Watkins, Bernard Mckennon, Andrea Canterbury, Colette Simon, Lilian Hynes.

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## Jubilee News

### Jubilee of Deacons

22 - 23 February 2025

This weekend, we joyfully celebrate the Jubilee of Deacons, giving thanks for their steadfast service and unwavering commitment to the Church and its people. Deacons are called to embody the spirit of Christ's servant heart, dedicating their lives to ministering in compassion, humility, and love. They reach out to those in need, offer comfort to the suffering, and strengthen our communities through acts of faith and service.

Today, we honour their vital role in our Church, acknowledging their devotion and the countless ways they guide us closer to God through their words and deeds. Let us give thanks for their ministry and pray for their continued strength and grace in their calling.



**The Fruits of the Jubilee:** The Jubilee Year is an invitation to embark on a spiritual journey. That journey can entail a physical aspect, like a pilgrimage, but more importantly, it is a call to an interior renewal of the heart. It is a time to reflect, seek God's mercy, and renew our commitment to faith, hope, and love.

**Ways to Celebrate:** - Make a pilgrimage - Engage in Acts of Mercy - Receive the Sacrament of Reconciliation - Participate in Special Liturgies - Deepen Your Faith - Spread Hope and Unity.

### **Jubilee Celebration in February:**

21-23 Jubilee of Deacons



### ***The Jubilee Prayer (Amended)***

Father in heaven, may the faith you have given us in your Son, Jesus Christ, our brother and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

*"The way of generous love."*

**Read:** David refuses to retaliate against King Saul, even though he is seeking to kill him. Christ gives the command to "love your enemies and do good to those who hate you."

**Reflect:** In The Brothers Karamazov by Dostoyevsky, there is a discussion between a lady and an old monk. The lady has great ideas about looking after the sick and the poor, but she realizes that, deep down, she needs to receive payment in some way for her acts of kindness. She needs to be thanked or recognized for her charity, and so she comes to understand that her charity lacks true generosity and resilience. In the Gospel, Jesus teaches us the way of generous love, a way which breaks the cycle of revenge, and the cycle of meanness, by going beyond what is simply fair or what is expected. Such a generous, patient love is not a sign of weakness, but a sign of strength, as it takes self-control to look beyond ourselves to others' need, to look beyond injustices and beyond the hatred or contempt of others to seek their good.

**Pray:** Pray for a generous heart, one which willingly responds to the needs of others.

**Act:** Look for opportunities to act with generosity, patience and love, especially to those you find difficult, unkind or unappealing.

## LECTIO DIVINA



### **This Sunday's Readings**

#### ***First Reading***

1 Samuel 26: 2, 7-9, 12-13, 22-23

#### ***Responsorial Psalm***

Psalms 103: 1-4, 8, 10, 12-13

#### ***Second Reading***

1 Corinthians 15: 45-49

#### ***Gospel***

Luke 6: 27-38

***"Don't be a judge of others and  
you will not be judged."***



### **Readings for Monday to Saturday**

#### **Monday 24th February**

Sirach 1: 1-10

Psalm 93: 1-2, 5

Mark 9: 14-29

#### **Tuesday 25th February**

Sirach 2: 1-11

Psalm 37: 3-4, 18-19, 27-28, 39-40

Mark 9: 30-37

#### **Wednesday 26th February**

Sirach 4: 11-19

Psalm 119: 165, 168, 171, 172,  
174, 175

Mark 9: 38-40

#### **Thursday 27th February**

Sirach 5: 1-8

Psalm 1: 1-4 & 6

Mark 9: 41-50

*St. Gregory of Narek, abbot and  
doctor of the Church*

#### **Friday 28th February**

Sirach 6: 5-17

Psalm 119: 12-16, 18, 27, 34, 35

Mark 10: 1-12

#### **Saturday 1st March**

Sirach 17: 1-15

Psalm 103: 13-18

Mark 10: 13-16

***Blessed Virgin Mary***

### **WHAT THE FIRST READING SAYS TO ME**

This Old Testament tradition shows us a beautiful feature of David's character—his magnanimity. He spares his enemy when he could easily kill him with impunity! Note that David's reason for letting Saul live is that he does not dare to lay hands on the LORD's anointed king out of the fear that he might be punished. With reference to today's Gospel. The point of this reading for us is mainly David's compassion to be followed. Though his motive is good and laudable. We could not expect David (1000 B.C.) already to possess the insight and motivation that the Gospel gives for moral behaviour. The Responsorial Psalm's accent on the mercy of God introduces the Gospel exhortation to be compassionate.

### **WHAT THE SECOND READING SAYS TO ME**

Paul compares our risen Lord Jesus with the Adam of the Book of Genesis. Adam is our origin and model as plain human beings. Jesus Christ is our origin and model as baptized Christians who are reborn from water and the Spirit. As such, we are now already like "the Heavenly one," Jesus Christ, to a certain extent. Our likeness to Christ will be realized more perfectly in the resurrection. During our lifetime we should constantly grow into the likeness of the risen Lord, and in him into the likeness of the heavenly Father!

### **WHAT THE GOSPEL SAYS TO ME**

This reading continues Jesus' sermon in which he challenges his followers to attain perfection. Throughout the ages countless men and women have tried to follow the recommendations set forth in this sermon and those who have succeeded have become great saints. We also should try to do so. Love of enemies has already been treated in detail. The exhortation to "lend expecting nothing back" should cause us no wonder if we remember that in Biblical times money did not yet have the commercial function it has now. Moreover, there is a vast difference between a bank granting a business loan and an individual helping a friend as well as possible under the circumstances.

### **Saint of the Day - 27th February, 2025**

#### ***Saint Gregory of Narek's Story***

Gregor was born in a village on the shores of Lake Van between 945 and 950. When his parents died, Gregor and his older brother were raised by a scholarly uncle who had them educated at the Narek monastery where he was a monk. The monastery was a prominent center of learning located in what is now Turkey. Gregor too entered the monastery and was ordained in 977.

A professor of theology, Gregor wrote a mystical interpretation of the Song of Songs, and a long mystical poem called the Book of Prayer or the Book of Lamentations. He described his poem as "an encyclopedia of prayer for all nations." This classic of Armenian literature has been translated into 30 languages. The Russian text of the Book of Lamentations was set to music in 1985.

Little else is known about Gregor, other than he died in the early 11th century and was buried within the walls of the Narek monastery where he had spent his life. In 2015 as the world observed the 100th anniversary of the Armenian genocide in the Ottoman Empire, Pope Francis celebrated a Mass at the Vatican with Patriarch Nerses Bedros XIX Tarmouni and declared the monk, poet, and saint of the Armenian Apostolic Church, Gregory of Narek, a Doctor of the Church. His liturgical feast is celebrated on February 27.

#### **Reflection**

As opposed to the Armenian Catholic Church that began in the 17th century, the earlier Armenian Apostolic Church did not accept the Council of Chalcedon's 451 teaching that Christ was fully divine and fully human. In 1996, St. John Paul II and Apostolic Catholicos Karekin I signed a declaration confirming the common faith of their two Churches. Prayer often unites groups of people who have seen themselves as very distinct—even enemies.





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