



Holy Family Cathedral Parish

Holy Family
Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"Awareness of God's Presence"

5TH SUNDAY OF ORDINARY TIME - 9th FEBRUARY, 2025 - C

**THE CATHEDRAL BOOK STORE IS
LOCATED IN THE PASTORAL
CENTRE.**



Weekday Mass Schedule

Monday

Holy Family Cathedral 6:00pm

Tuesday

Holy Family Cathedral 6:00 am

St. Anthony's Potters 6:00pm

Wednesday

Holy Family Cathedral 6:00pm

Thursday

Holy Family Cathedral 6:00 am

St. Francis of Assisi, Villa 6:00pm

Friday

Holy Family Cathedral 12:15 noon

Saturday

Holy Family Cathedral 8:00am

GET YOUR TICKETS NOW FROM

**Exotic Antigua, Party Paradise
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IT'S**

**COLOURS OF LOVE
at INDIES GREENS**

on

February 14th, 2025

From 8:00 PM

Tickets cost \$175.00

Food, Music and Dance

The next marriage preparation class will be held in March 2025. Interested couples can collect a registration form at the Pastoral Centre or at Tyrells Office.

Adoration of the Blessed Sacrament will be held every Friday immediately after the 12:15pm Mass until 7:00pm in Holy Family Cathedral chapel. All are invited.

Jubilee News

JUBILEE OF ARMED FORCES, POLICE, SECURITY PERSONNEL:

This weekend Church recognizes that military personnel can contribute enormously to the stability of our world and to the establishment of peace. This Jubilee we celebrate the efforts of all members of the armed forces and police, security operators, veterans, military associations, military academies, chaplaincies. Pope Francis says "Be military men and women who stand tall and proud to honour your uniform, your motto and your homeland, but who are also aware that you are part of a single human family, a family that is divided and wounded, but which Christ came to

redeem and save through the power of love, not the violence of arms". We thank you for your service and pray for you and your families.

The Fruits of the Jubilee: The Jubilee Year is an invitation to embark on a spiritual journey. That journey can entail a physical aspect, like a pilgrimage, but more importantly, it is a call to an interior renewal of the heart. It is a time to reflect, seek God's mercy, and renew our commitment to faith, hope, and love.

Ways to Celebrate: - Make a pilgrimage - Engage in Acts of Mercy - Receive the Sacrament of Reconciliation - Participate in Special Liturgies - Deepen Your Faith - Spread Hope and Unity.

Jubilee Celebration in February:

8 - 9 Jubilee of Armed Forces, Police and Security Personnel
15-18 Jubilee of Artists
21-23 Jubilee of Deacons

The Jubilee Prayer (Amended)

Father in heaven, may the faith you have given us in your Son, Jesus Christ, our brother and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

LAST WEEK'S COLLECTION 2ND FEBRUARY, 2025

Cathedral	1st	2nd
Saturday	\$1,956.81	\$ 797.72
Sunday 7:00 am	\$1,892.39	\$ 433.95
9:00 am	\$2,494.86	\$ 636.82
Out Stations		
Potters	\$ 621.80	\$ 188.05
Parham	\$ 725.00	\$ 130.00
Villa	\$1,121.34	\$ 222.00
Diocesan Schools	\$ 40.00	

Thanks for your Generosity

PRAYER FOR THE SICK & SHUT- INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Cheralyn Beazer, Jean Mathurin, Yvonne Watkins, Bernard Mckennon.

Reflection:

Our age is focused on the depths of the unconscious, but our pace often leads us to the surface. St. Augustine suggests that our heart is restless until it finds God, and our quest for satisfaction diminishes as we progress. Jesus directs us to the depths of God, where we can find true fulfillment in line with God's will. Recognizing our sin is a sign of encountering God, and recognizing our sinfulness allows us to receive a mission. By seeking the Kingdom of God, we gain self-knowledge and knowledge of God's work for each of us.

Theme: Awareness of God's Presence

In the awareness of persons who form part of a technological society it is better to keep the sacred and secular in their lives separated. Phenomena that were considered mysterious in the past can now be explained by science. When we are sick, we do not go to the priest to have him expel a demon; we go to the doctor for our antibiotics. Counselors delve into the psychological structure of youngsters and advise them as to what direction they should choose in life. It seems that the intuitive awe for the sacred and the mysterious presence of God in all of life is disappearing to the degree that psychology steps in.

Can only artists, painters and poets still have the intuitive awareness of the sacred in the reality of life? All believers have it in their best moments. We should keep it alive. In faith, we should be just as fully aware of God's presence in any scientific process as we are of his presence in the beauty of nature and in all that happens in our lives.

The Bible readings deal with the calls of Isaiah, Paul and Peter all three of them overwhelmed by a feeling of utter unworthiness in the presence of the Most High when they experienced him and heard his call.

"Put out into the deep."

Read: Despite their fatigue and uncertainty, at Jesus' command, the fishermen lower their nets, and they haul in a huge catch of fish. This is the One they must follow and serve completely.

Reflect: Jesus seems to be asking the impossible. In those days, they fished with nets of flax which could be seen by the fish in daylight, so they fished at night, and they had caught nothing. Deep water fishing was even harder work, as it was done by dragging a net between two boats and catching the fish as they rowed along. And yet, Jesus says, "put out into deep water and lower your nets for a catch." Just lower your nets in the daylight... "And they filled both boats to sinking point." The miracle makes Simon aware of his unworthiness to be a disciple of Christ, but Jesus tells him not to be afraid.

Pray: The fishermen are at the initial stages of discipleship. The miracle strengthens their trust in Christ and their eagerness to become missionaries of God's Kingdom. Pray for a deeper trust in the Lord.

Act: Is there an act of charity or service or vocation in the Church you have been holding back from? Pray about it and if you feel called to "put out into the deep," commit to putting it into action.

LECTIO DIVINA



This Sunday's Readings

First Reading

Isaiah 6: 1-8

Responsorial Psalm

Psalms 138: 1-5, 7-8

Second Reading

1 Corinthians 15: 1-11 / 3-8, 11

Gospel

Luke 5: 1-11

"He got into one of the boats and asked to put out a little to the shore."



Readings for Monday to Saturday

Monday 10th February

Genesis 1: 1-19

Psalms 104:1-2, 5-6, 10 & 12, 24, 35

Mark 6: 53-56

St. Scholastica, virgin

Tuesday 11th February

Genesis 1: 20-2: 4

Psalms 8: 4-9

Mark 7: 1-13

Our Lady of Lourdes

Wednesday 12th February

Genesis 2: 4-9, 15-17

Psalms 104: 1-2, 27-30

Mark 7: 14-23

Thursday 13th February

Genesis 2: 18-25

Psalms 128: 1-5

Mark 7: 24-30

Friday 14th February

Genesis 3: 1-8

Psalms 32: 1-2, 5-7

Mark 7: 31-37

St. Cyril, monk

St. Methodius, bishop

Saturday 15th February

Genesis 3: 9-24

Psalms 90: 2-6, 12-13

Mark 8: 1-10

Blessed Virgin Mary

WHAT THE FIRST READING SAYS TO ME

In beautiful figurative language, Isaiah tells of his call to be a prophet, a man to speak in God's name: "I saw the Lord seated...." All our speech about God is analogous and conditioned by time and culture. Isaiah portrays God as an ancient Oriental monarch, surrounded by messengers (angels, seraphim).

Isaiah felt unclean, humble, and unworthy in the presence of the Lord. His final answer to God's call is important: "Here I am; ... send me!" God's word to us may be the question: "Where does God fit into your planning?"

WHAT THE SECOND READING SAYS TO ME

We see from this reading that Paul had an experience similar to Isaiah's awareness of God's presence in the temple. "Last of all, as to one born abnormally, he [Jesus] appeared to me." Only "by the grace of God I am what I am." Notice again that feeling of unworthiness in the presence of the Lord.

WHAT THE GOSPEL SAYS TO ME

"Depart from me, Lord, for I am a sinful man." These words indicate Peter's awareness when our Lord showed a glimpse of his real being by working a miracle. "Astonishment... seized him." "Astonishment" could be the beginning of faith! Like Paul, and Isaiah with respect to Yahweh, Peter and his mates left everything and became Jesus' followers. What was there so extraordinary about the call of these three men? We know that God is present to you and me just as he was to Isaiah, Paul, and Peter. Hence, we can say that the "extraordinary" element lay simply in an "awareness in faith" on their part. The signals of all television stations of your area are in your room. But you must "tune in" in order to receive the sound and images emitted by them, that is, in order to be "aware" of them. In faith, we should keep "tuned in" to God. Then we will hear his daily call, and with his help our answer will be: "Here I am."

Saint of the Day - 11th February, 2025

The Story of Our Lady of Lourdes

On December 8th, 1854, Pope Pius IX proclaimed the dogma of the Immaculate Conception in the apostolic constitution *Ineffabilis Deus*. A little more than three years later, on February 11, 1858, a young lady appeared to Bernadette Soubirous. This began a series of visions. During the apparition on March 25, the lady identified herself with the words: "I am the Immaculate Conception." Bernadette was a sickly child of poor parents. Their practice of the Catholic faith was scarcely more than lukewarm. Bernadette could pray the Our Father, the Hail Mary and the Creed. She also knew the prayer of the Miraculous Medal: "O Mary conceived without sin." During interrogations Bernadette gave an account of what she saw. It was "something white in the shape of a girl." She used the word *aquero*, a dialect term meaning "this thing." It was "a pretty young girl with a rosary over her arm." Her white robe was encircled by a blue girdle. She wore a white veil. There was a yellow rose on each foot. A rosary was in her hand. Bernadette was also impressed by the fact that the lady did not use the informal form of address (*tu*), but the polite form (*vous*). The humble virgin appeared to a humble girl and treated her with dignity. Through that humble girl, Mary revitalized and continues to revitalize the faith of millions of people. People began to flock to Lourdes from other parts of France and from all over the world. In 1862 Church authorities confirmed the authenticity of the apparitions and authorized the cult of Our Lady of Lourdes for the diocese. The Feast of Our Lady of Lourdes became worldwide in 1907.

Reflection

Lourdes has become a place of pilgrimage and healing, but even more of faith. Church authorities have recognized over 60 miraculous cures, although there have probably been many more. To people of faith this is not surprising. It is a continuation of Jesus' healing miracles—now performed at the intercession of his mother. Some would say that the greater miracles are hidden. Many who visit Lourdes return home with renewed faith and a readiness to serve God in their needy brothers and sisters.



Signs AND Impressions

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