



Holy Family Cathedral Parish

Holy Family
Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"Racing to Grasp the Prize"

5TH SUNDAY OF LENT—6th April, 2025 - C

WEEKDAY MASS SCHEDULE FOR THE LENTEN SEASON

Mondays

Holy Family Cathedral - 6:00 am

Tuesdays

Holy Family Cathedral 6:00 am
Potters - 6:00 pm

Wednesdays

Holy Family Cathedral - 6:00 am

Thursdays

Holy Family Cathedral- 6:00 am
Villa - 6:00 pm

Fridays

Holy Family Cathedral
6:00 am & 12:15 pm

Saturdays

Holy Family Cathedral - 8:00 am

HOLY WEEK SCHEDULE

-Holy Thursday (*The Last Supper*)...
7:00 pm at HFC.

-Good Friday... 8:00 am from Tyrells to Mt Tabor. This will be the second pilgrimage. All are asked to wear the Green Pilgrims of Hope T-shirt. The bus leaves Holy Family Cathedral at 7:15 am. Anyone desirous of parking and using the bus are asked to call the Pastoral Centre.

-Passion & Death of Our Lord - Veneration of the Cross: 3:00pm

-Holy Saturday - Easter Vigil: 10:00pm. Parishioners are asked to bring a candle with a candle holder.

-Easter Sunday - Mass at the Cathedral and Parham will be at 9:00am, Villa and Potters will be at 11:00 am.

Parishioners are kindly asked to bring to Mass the Holy Week Booklet that was purchased in 2022. It will be used during the Palm Sunday Mass and during Holy Week (Holy Thursday to Easter Sunday).

Holy Family Cathedral's Parish Council will host a takeaway breakfast on Sunday 20th April 2025 immediately after the 9:00 am Mass. Tickets are \$25.00 and can be purchased from any member of the Parish Council and at the Pastoral Centre. All proceeds will go towards the ongoing maintenance.

LENTEN FOOD PANTRY DRIVE: Join the Catechetical and Youth Ministries this Lent as we "Give Hope" to needy families through our Food Drive. Drop your non-perishable food items in the box provided at the main door in the Cathedral or at the Pastoral Centre.

The Pastoral Centre will be closed from Thursday 17th April, 2025 to Monday 21st April, 2025. The office will re-open on Tuesday 22nd April at 9:00am.

CONFIRMATION WEEKEND RETREAT

April 4-6, Mt. Tabor Retreat Centre. Please pray for the candidates who will be confirmed on **May 4th** and will be on retreat this weekend. We pray that the Holy Spirit will inspire and ignite them to become disciples of Christ.

- Letrell Anthony
- Kristina Butros
- Maya-Ann Crawford
- David Doumet
- Amaia Emanuel-Yearwood
- Nia Gomes
- Alejandra Gonclaves
- Lynnier Greene
- Vernon Henry
- Alyssa Jardine
- Skylar Joseph
- Zariya Joseph
- Ashlyian Lewis
- Kayden Lewis
- Joneiker Lopez
- Dejanae Meade
- Sunday Mitchel
- Mekhi Prosper
- Jean Regelan
- Ruez Titre
- Shane Walsh
- Grace Zreibi



We also pray for those in the **RCIA** programme who will receive the Sacraments during the Easter Vigil celebration:

- Jordan Byron
- Mary Grace Espeleta
- Ulica Gauduchau
- Jillarina Greene
- Renee Quinland
- John Uzoma



LAST WEEK'S COLLECTION 30th March, 2025

Cathedral	1st	2nd
Saturday	\$1,959.55	\$ 577.35
Sunday 7:00 am	\$ 1,801.95	\$ 369.41
9:00 am	\$ 2,004.83	\$ 333.15
Out Stations		
Potters	\$ 460.00	\$ 79.80
Parham	\$ 503.01	\$ 147.04
Villa	\$ 774.67	\$ 392.17
Diocesan Schools	\$ 70.00	

Thanks for your Generosity

**St. Joseph's Academy
Entrance Exams and Interviews**

- Application Forms for students wishing to enter **Forms 1 – 4** are now available at the school's office. Office hours are from **8:00 am – 2:00 pm**.
- The final date for submitting applications for **Form 1** students is **Thursday, May 8**.
- The exam for students wishing to enter **Form 1** will be held on Saturday, May 10, beginning at **8:00 am**.
- Interviews for students wishing to enter **Forms 2 – 4** will begin on Monday, **May 26, 2025**.

The Sacrament of Baptism will be celebrated on Sunday May 11th. Parents wishing to have their children baptized are asked to bring a copy of the birth certificate for registration and the names of two confirmed Catholics as god-parents.

Catholic Radio - invites all to Small Ffryes Beach on Easter Monday (21st April, 2025) to its Annual Beach Lime Fundraiser. There will be lots to eat and drink on SALE. Please support.

The Prophetic Word a new radio program by **Fr. Arnold Francis** will now be played every **Monday at 8:00 am and Friday at 5:00 pm**. Tune in to **Catholic Radio 89.7FM**

Where The Sound is Different.



PRAYER FOR THE SICK & SHUT- INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands.

We place our sick under your care and humbly ask that you restore your servant to health again. Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Andrea Canterbury, Colette Simon, Brenda Frederick, Elma Skerritt.



Jubilee 2025

Sick and Health Care Workers

April 5th-6th

A Jubilee Year is an important and historical event in the life of the Church designed for the faithful to experience God's loving mercy in a special way. Traditionally, a Jubilee is proclaimed every twenty-five years, and the activities include pilgrimages, processions, special celebrations of Mass, and an invitation to the Sacrament of Reconciliation. This Jubilee's theme is "Pilgrims of Hope" and it begins on Christmas Eve, 2024 in Rome and concludes the following year on the Epiphany in 2026. The Jubilee's activities are meant to encourage Catholics to both receive God's mercy and invite participation in acts of mercy in our daily lives and communities. Pope Francis specifically asks us to consider working for peace and an end to conflicts, promoting human life, showing amnesty to prisoners, upholding the dignity of migrants, healing the sick, and accompanying the elderly.

The Holy See has designated a number of Jubilee Days throughout 2025 to recognize and celebrate different groups of people and various ministries in the Church. The Jubilee of the Sick and Health Care Workers helps us to celebrate the important service of healthcare providers and to recognize that accompanying the sick is an important vocation. Whether due to our own health or the health of a loved one, each of us has interfaced with health care workers at some point in our lives, and experienced first-hand the value of their accompaniment. Not only this, but each of us has likely also cared for a sick loved one in some capacity, and so we know how taxing it can be. As the Catholic Health association states, "Catholic health care, [is] a ministry of the church continuing Jesus' mission of love and healing today. [This] ministry is an enduring sign of health care rooted in our belief that every person is a treasure, every life a sacred gift, every human being a unity of body, mind, and spirit" (Statement of Shared Identity). While each of us are called to continue Jesus's mission of love and healing in our own way, we recognize the unique vocation of health care workers during this Jubilee.

Responding to the Jubilee theme, "Pilgrims of Hope," we are called to reflect on and discover hope in the signs of the times and in the realities of our daily lives. Pope Francis instructed, "Signs of hope should also be shown to the sick, at home or in hospital. Their sufferings can be allayed by the closeness and affection of those who visit them. Works of mercy are also works of hope that give rise to immense gratitude. Gratitude should likewise be shown to all those healthcare workers who, often in precarious conditions, carry out their mission with constant care and concern for the sick and for those who are most vulnerable. ... Care given to them is a hymn to human dignity, a song of hope that calls for the choral participation of society as a whole "(Spec non confundit)

The Jubilee Prayer (Amended)

Father in heaven, may the faith you have given us in your Son, Jesus Christ, our brother and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

This Sunday's Readings

First Reading

Isaiah 43: 16-21

Responsorial Psalm

Psalms 126: 1-6

Second Reading

Philippians 3: 8-14

Gospel

John 8: 1-11

"Let anyone among you who has no sin be the first to throw a stone at her."



Readings for Monday to Saturday

Monday 7th April

Daniel 13: 1-9, 15-17, 19-30, 33-62 or

Daniel 13: 41-62

Psalms 23: 1-6

John 8: 12-20

St. John Baptist de la Salle, Priest

Tuesday 8th April

Numbers 21: 4-9

Psalms 102: 2-3, 16-21

John 8: 21-30

Wednesday 9th April

Daniel 3: 14-20, 91-92, 95

Dn 3: 52-56

John 8: 31-42

Thursday 10th April

Genesis 17: 3-9

Psalms 105: 4-9

John 8: 51-59

Friday 11th April

Jeremiah 20: 10-13

Psalms 18: 2-7

John 10: 31-42

***St. Stanislaus, Bishop and Martyr
Day of abstinence from meat.***

Saturday 12th April

Ezekiel 37: 21-28

Jer 31: 10-13

John 11: 45-56

WHAT THE FIRST READING SAYS TO ME

The exiles in Babylon were depressed, as only displaced persons with no hope of ever returning home could be. They dreamed about the past, "the good old days" of the Exodus from bondage in Egypt, for in their eyes God was really with his people at that time! The prophet warns against this kind of useless daydreaming. "Remember not the events of the past, the things of long ago consider not." Have faith in the future! "See, I [God] am doing something new!"

Life can be depressing. It can even be our own fault that we are in a mess. Are we then to take refuge in the remedies for depression recommended by television commercials—or even turn to the escapisms of alcohol and dope? Try to heed this Bible message! And if your faith is weak, ask God to strengthen it. "Those that sow in tears shall reap rejoicing".

WHAT THE SECOND READING SAYS TO ME

With an unshakable faith in Christ, Paul is full of optimism for the future. Born and raised in a city, he has watched the games, the races, and the fights in the amphitheater. He can thus equate life with a race course: "I continue my pursuit in hope that I may possess [the prize]." And what is the basis for his optimism? "I have... been taken possession of by Christ."

Pray for faith in Jesus Christ and you will have the imagination and courage to push on "to what lies ahead" no matter what comes.

WHAT THE GOSPEL SAYS TO ME

From the outset in this reading, it is clear that the Pharisees who bring the adulteress to Jesus are not honest. Jesus simply bends down and starts tracing on the ground with his finger, indicating that he is not interested in their hypocritical nonsense, very much as we doodle when bored! Finally, they leave. And an unhappy woman who had faced death regains hope by meeting a good person. God's word to us through this tradition could be: With regard to the past, God is merciful. With faith in him work for a happy future!

ST. STANISLAUS

April 11th

Saint Stanislaus' Story

Anyone who reads the history of Eastern Europe cannot help but chance on the name of Stanislaus, the saintly but tragic bishop of Kraków, patron of Poland. He is remembered with Saints Thomas More and Thomas Becket for vigorous opposition to the evils of an unjust government.

Born in Szczepanow near Kraków on July 26, 1030, he was ordained a priest after being educated in the cathedral schools of Gniezno, then capital of Poland, and at Paris. He was appointed preacher and archdeacon to the bishop of Kraków, where his eloquence and example brought about real conversion in many of his penitents, both clergy and laity. He became bishop of Kraków in 1072.

During an expedition against the Grand Duchy of Kiev, Stanislaus became involved in the political situation of Poland. Known for his outspokenness, he aimed his attacks at the evils of the peasantry and the king, especially the unjust wars and immoral acts of King Boleslaus II.

The king first excused himself, then made a show of penance, then relapsed into his old ways. Stanislaus continued his open opposition in spite of charges of treason and threats of death, finally excommunicating the king. Enraged, the latter ordered soldiers to kill the bishop. When they refused, the king killed Stanislaus with his own hands.

Forced to flee to Hungary, Boleslaus supposedly spent the rest of his life as a penitent in the Benedictine abbey in Osiak.

CHANCERY NOTICE:

The Chancery will be closed on Monday 7th April to Friday 11th April, 2025. Parishioners are kindly asked to take note.



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