



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"Taking Up Our Cross"

24TH SUNDAY IN ORDINARY TIME—15TH SEPTEMBER, 2024 - B

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

FEEDING PROGRAM for the
Shut-Ins and the Elderly is ongoing
Donations to support these programs
are welcome.

Please write to the Administrator, Holy
Family Cathedral P. O. Box 16 or
Michael's Mount, St. John's,
Antigua.

Protect Your Health: Free HPV Testing for Women 30-65 Years

Cervical cancer is the third leading cause
of cancer deaths among women in
Antigua and Barbuda, with nearly all
cases caused by the Human Papilloma
Virus (HPV). HPV infection is extremely
common, but some women are unable to
clear the virus, which can lead to cervical
cancer if not screened effectively.

Know your risk!

Free HPV testing is available for women
aged 30-65, even if you've had a recent
Pap smear.

Location: Villa Polyclinic

Saturday: September 21st

Sundays: September 22nd

Time: 9:00 AM - 3:00 PM

Contact: Call 464-3764 for more
information.

Take charge of your health—get tested!

**Catholic Charismatic Renewal Prayer
Group** celebrates its 47th Anniversary
September 25th -27th 2024. More details
in the coming week.

Parishioners are advised that the 9:00
am Mass on Saturday the 28th will
replace the 8:00 am Mass.

MASS FOR THE SICK AND ELDERLY

On Saturday, 28th September, in
celebration of the Feast of St. Vincent
de Paul, you are asked to bring your
sick and elderly loved ones to a Mass of
Healing and Anointing at **Holy Family
Cathedral at 9.00am**. Come and
experience God's healing power. Let us
as a church community support and
show our love and care for the sick and
elderly. Those in need of transportation
should contact the Pastoral Centre at **560
-2693 or 461-1127**.

CATECHETICAL NOTICES

WELCOME: We welcome all
parents, families, children, young
people, and the Parish
Community to the New
Catechetical & Pastoral Year.

CATECHETICAL SUNDAY 2024:

Happy Catechetical Sunday!
Today we celebrate and recognize
the gift that catechists bring to a
parish community. Today provides
us an opportunity to reflect on the
role that each person plays, by virtue
of baptism, in handing on the faith
and being a witness to the
Gospel. The AEC Catechetical
Commission for this Region has
chosen the theme: **Catechists:
Missionaries of Healing and
Service**. It is part of the sub-theme
from the Universal theme which
is: *Lord, when did we see you
hungry?" Matthew 25: 35 -40*). The
theme allows catechists to reflect
throughout this year on Jesus the
healer of all kinds of healing and
service to all, especially families
who are on the periphery. All
Catholics are reminded to consider
ways in which we are to witness for
Jesus and to rededicate ourselves to
the mission of passing on the
faith. We pray for all who come
forward for this ministry, those who
are willing to share their faith and
dare to listen to the faith stories of
others. Today catechists recommit
themselves to this ministry of
service.

BAPTISM REGISTRATION: Parents
are invited to register their babies for
Baptism. Please bring the child's birth
certificate and the name of the Catholic
god-parents.

LAST WEEK'S COLLECTION 8th September, 2024

	1st	2nd
Cathedral Saturday	\$2,492.15	\$ 986.50
Sunday 7:00 am	\$2,326.65	\$ 501.42
9:00 am	\$2,477.67	\$ 569.41
Potters	\$ 515.00	\$ 95.00
Parham	\$ 575.00	\$ 162.25
Villa	\$ 813.90	\$ 322.90
Donovans	\$ 119.67	\$ 126.75
Diocesan Schools	\$ 175.00	

Thank you for your generosity



The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

PRAYER FOR THE SICK & SHUT-INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Cheralyn Beazer, Jean Mathurin, Natalia Telemaque.

RCIA (Rite of Christian Initiation of Adults) is how non-baptized people or those who have never been confirmed are brought into full communion with the Catholic Church. The process offers several benefits for adults considering joining the Catholic Church. The inquirer deepens his/her understanding of the Catholic faith and develops a closer relationship with God and the community. The process covers the core beliefs, practices, and traditions of the Catholic Church, reception of the sacraments of Initiation (Baptism, Confirmation, and Eucharist) for those un-baptized; personal transformation leading to personal growth and a renewed sense of purpose. Registration is still open for persons 18 years and over wishing to be part of this process. Sessions will commence in October.

*
CATECHETICAL SESSIONS FOR THE FOLLOWING GROUPS:

Existing Confirmation groups:

1st and 2nd Year -Saturday
21st September at 11:00 a.m.

Sunday School group: For parents who registered for this day, the first session with you and the children will be on Sunday 22nd September after 9 a.m. Mass. Please meet at the Pastoral Centre.

Monday Religious Education Tuesday 24th at 4:45 p.m. in the Pastoral Centre. **Class:** Parents who registered for this group, the first meeting for you and the children will be on Monday 23rd at 4:45 p.m. in the Pastoral Centre.

First Communion newly registered group: Parents and children are invited to the orientation session on Tuesday 24th at 4:45 p.m. in the Pastoral Centre.

The newly registered Confirmation Group will have their orientation in October. Date and time will be announced. Parents, please take note. We look forward to our faith journey together.

JUMP START the New School Year 2024- 2025: All students and parents, teachers, principals and the community are invited to a celebratory afternoon of prayer, praise, worship, blessing and fellowship on Friday 27th September at 5:00 pm in the Cathedral. Join as we pray for a safe, productive and grace filled school year. Stay after the Service for fellowship and games.

MARRIAGE & FAMILY LIFE

Save the dates

The **Marriage Enrichment Weekend** will take place from **October 4-6, 2024** at the Verandah Resort. Cost is USD \$468.00 per couple for the entire weekend.

**C A T E C H I S T P R A Y E R
BREAKFAST IS BACK!**

Keep the date Saturday, October 19 free! Join us for a morning of Praise, Worship, Reflection and Discussions over Breakfast from 9:00 a.m. to 11:00 a.m. Venue and Cost will be given in a subsequent announcement. Proceeds in aid of our Catechetical Ministry's Spiritual and Community Outreach Programme.

**World Mission Sunday - October 20,
2024**

World Mission Sunday, celebrated on the second-to-last Sunday of October, is a day set aside by the Catholic Church to remember and support the mission work being done around the world. Pope Francis has chosen the theme "Go and invite everyone to the banquet," inspired by the parable of the wedding banquet in Matthew 22:9. This theme emphasizes two core aspects: Going Out: It's a call to be active and engaged in spreading the faith. Inviting Everyone: It calls on us to welcome everyone to the feast of the Eucharist and the ultimate banquet in the Kingdom of God. Details of Mission Month activities in our Diocese will be given in subsequent announcements.

This Sunday's Readings
15th September, 2024

First Reading: Isaiah 50: 5-9
Responsorial Psalm: 116: 1-9
Second Reading: James 2: 14-18
Gospel: Mark 8: 27-35

"You Are The Messiah."



Readings for Monday to Saturday

Monday 16th September

1 Corinthians 11: 17-26, 33

Psalm 40: 7-10, 17

Luke 7: 1-10

St. Cornelius, pope/ St. Cyprian, bishop,
martyrs

Tuesday 17th September

1 Corinthians 12: 12-14, 27-31

Psalm 100: 1-5

Luke 7: 11-17

St. Robert Bellarmine, bishop & doctor/ St.
Hildegard of Bingen, virgin & doctor

Wednesday 18th September

1 Corinthians 12: 31-13: 13

Psalm 33: 2-5, 12, 22

Luke 7: 31-35

Thursday 19th September

1 Corinthians 15: 1-11

Psalm 118: 1-2, 16-17, 28

Luke 7: 36-50

St. Januarius, bishop & martyr

Friday 20th September

1 Corinthians 15: 12-20

Psalm 17: 1, 6-8, 15

Luke 8: 1-3

St. Andrew Kim Taegon, priest & martyr/
St. Paul Chong Hasang & companions,
martyrs

Saturday 21st September

Ephesians 4: 1-7, 11-13

Psalm 19: 2-5

Matthew 9: 9-13

Feast of St. Matthew, Apostle & Evangelist

**WHAT THE FIRST READING
SAYS TO ME**

This reading is taken from the third song of the Servant of Yahweh. As mentioned at the feast of the Baptism of the Lord, it is not clear whom the inspired writer had in mind when he composed these four songs describing the ideal Servant (Son) of God. Is he a collective person: Israel, God's people? Is he a king of the past or the Messiah (anointed king) to come? In any case, the Christian community applied these hymns very early to Jesus.

The song used today introduces the Gospel theme on the necessity of taking up our cross and following the Lord Jesus who suffered and died for us. "I fell into distress and sorrow, and I called upon the name of the LORD, 'O LORD, save my life'" (Responsorial Psalm).

**WHAT THE SECOND READING
SAYS TO ME**

James teaches that faith without good works is useless. Real Christian charity, going out of your way to help the other, may require sacrifice that we should not shun, as the other Bible readings tell us.

**WHAT THE GOSPEL SAYS TO
ME**

We must be careful to note that Mark wants us to see the miracles of Jesus as signs of a hidden reality to come. Jesus is not like the traditional miracle-workers circulating in his day; his miracles are not ends in themselves. Mark brings this out by having Jesus order silence time and again after each miracle. Hence, we must meditate on what Mark wants to teach by relating this tradition. We offer a few suggestions. We may know some people who are deaf to God's word. As the friends of the deaf man did, we could make them acquainted with our Lord. The reading shows that Jesus is concerned; he takes the handicapped man aside and heals him utilizing some of the gestures that healers of the time also use and are thus likely to be understood by the poor man before him who is undoubtedly a pagan (symbolism of our Sacraments!).

**FEAST OF ST. MATTHEW - 21st
September, 2024**

The Feast of Saint Matthew, Apostle and Evangelist is celebrated on **September 21st**. Matthew is also known as Levi in the Gospels of Mark and Luke. Matthew is one of the Twelve Apostles of Jesus. As one of the four Gospel writers, Matthew is one of the four Evangelists.

Saint Matthew, the first-century tax collector turned apostle who chronicled the life and ministry of Christ in his Gospel, is celebrated by the Church today, September 21. Although relatively little is known about the life of St. Matthew, the account he wrote of Christ's ministry – traditionally considered to be the first of the four Gospels – is of inestimable value to the Church, particularly in its verification of Jesus as the Messiah. Eastern Catholics and the Orthodox churches celebrate St. Matthew on November 16, along with St. Fulvianus, a prince who is recorded in some traditions as converting from paganism after Matthew's martyrdom. The Gospel accounts of Mark and Luke, like Matthew's own, describe the encounter between Jesus and Matthew under the surprising circumstances of Matthew's tax-collecting duties. Jewish publicans, who collected taxes on behalf of the Roman rulers of first-century Judea, were objects of scorn and even hatred among their own communities, since they worked on behalf of the occupying power and often earned their living by collecting more than the state's due. Jesus most likely first encountered Matthew near the house of Peter, in Capernaum near the Sea of Galilee. The meeting of the two was dramatic, as Matthew's third-person account in his Gospel captured: "As Jesus passed on," the ninth chapter recounts, "he saw a man named Matthew sitting at the customs post. He said to him, 'Follow me'. And he got up and followed him."

Matthew's calling into Jesus' inner circle was a dramatic gesture of the Messiah's universal message and mission, causing some religious authorities of the Jewish community to wonder: "Why does your teacher eat with tax collectors and sinners?" Jesus' significant response indicated a central purpose of his ministry: "I did not come to call the righteous but sinners."



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BETTER EVERYDAY**