



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



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"The Holy Spirit, Gift of the Father"

PENTECOST SUNDAY, 19th May, 2024 - B

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**HOLY FAMILY CATHEDRAL
PARISH**

FEEDING PROGRAM for the Shut-Ins and the Elderly is ongoing. Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

Parishioners are advised that there are 7 more Bible Diaries available for sale at the cost of **\$50.00**.

Parishioners are invited to join us at Pleasure Cove Beach - Runaway on Pentecost Monday from 11:00 am. Tickets will be available at \$20.00 for chicken, pork or fish lunch. Proceeds are in aid of assisting the Missionaries of the Poor Brothers who will be assisting at the St. Francis Home for the Homeless. **Please support.** Parishioners interested in going to the beach lime are asked to assemble on the Church grounds from 9:30 am. The bus will transport those in need of transportation.

The Rosary will be prayed every Wednesday for the month of May from 5:00 pm at Our Lady of Fátima Shrine at Holy Family Cathedral.

Cherise Daniella Elysia Brookes, a trailblazing Antiguan and Barbudan scholar, has left an indelible mark on Washington University in St. Louis, Olin Business School, as she becomes the first from her nation to graduate from the esteemed institution with a Master's in Business Administration. Her dedication and entrepreneurial spirit have been evident throughout her academic journey, culminating in her graduation on Monday, May 13th, with concentrations in Marketing and Entrepreneurship. Beyond academia, Cherise's commitment to social impact shines brightly. She is the founder of For Womanhood, a groundbreaking company aimed at combating intimate partner violence among college females through innovative technology. As she steps into the world armed with her MBA, Cherise Daniella Elysia Brookes stands as a beacon of inspiration, driving positive change and empowerment for women both locally and globally.

FIRST HOLY COMMUNION CELEBRATION: We pray for the First Communion candidates who will receive the Holy Eucharist for the first time on Trinity Sunday - May 26. We pray for the parents and all those who journey with them.

Chancery News

The first World Children's Day is set to take place in Rome and globally on May 25 and 26, 2024, as desired by Pope Francis. Pope Francis has often expressed his affection for children and the innocence they embody. Please note that all parishes in the Diocese of St. John's-Basseterre will celebrate children on these days with special blessings for them during the weekend Masses. The theme for World Children's Day 2024 is "Behold, I make all things new (Rev. 21:5).



Chancery Business Hours

Monday - Friday 10 a.m. - 2 p.m.

The Marriage and Family Ministry is organizing a Family Fun Soiree on June 7, 2024, at the Upper Car Park, on the grounds of Holy Family Cathedral. Come and enjoy an evening of music, food and drink. Food and drinks will be on sale! Cost \$25.00 for BBQ Chicken/Pork/Fish Meal.

St Joseph's Academy - Application Forms are now available at the school's office for students wishing to enter forms 2, 3 and 4 beginning in September. Interviews will begin on Monday, June 10th 2024.

LAST WEEK'S COLLECTION 12th May, 2024

	1st	2nd
Cathedral Saturday	\$ 1,861.17	\$ 1,030.80
Sunday 7:00 am	\$ 2,599.95	\$ 605.22
9:00 am	\$ 2,015.40	\$ 622.71
Potters	\$ 723.80	\$ 118.00
Parham	\$ 481.70	\$ 162.75
Villa	\$ 560.04	\$ 171.05
Donovans	\$ 223.50	\$ 113.68
Diocesan Schools	\$ 160.00	

Thank you for your generosity



The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyer, Patrick Skerritt, Victor Charles, Junie Browne, Cheralyn Beazer.

Lectio Divina

READ: On the first day of the Sabbath, in the evening, the disciples locked themselves up out of fear of the Jews. Despite the locked doors, Jesus stood in their midst while giving them the greeting of peace. Jesus showed them his hands and side. Upon seeing Jesus, the disciples were filled with joy. Immediately after, Jesus sent them in the same way that the Father had sent him. Then he asked them to receive the Holy Spirit while breathing on them. Jesus also gave them the authority to forgive sins.

REFLECT: While the synoptic tradition tells of the ascension of Jesus, and that of Luke narrates the descent of the Holy Spirit after Jesus' ascension, the Gospel of John narrates the immediate reception of the Holy Spirit by the disciples during one of his post resurrection appearances. Jesus' sending of the Holy Spirit upon them happened immediately when Jesus breathed on them. We may reflect on the way the narrative ends. Simultaneous with the reception of the Holy Spirit by the disciples is the authority shared to them by Jesus as regards the forgiveness of sins. We need to understand that whenever Jesus spoke about the forgiveness of sins, it was always profoundly connected with compassion. Thus, a disciple who has already received the Holy Spirit is not only peaceful and joyful but also compassionate.

PRAY: Come Holy Spirit and make us more compassionate.

ACT: Let us exercise compassion by being kinder to the people in our workplace this week.

The Society of St. Vincent de Paul, St. Joseph's Conference invites you to its Annual Fathers' Day Lunch on June 16, 2024 from 10:30 am - 12:30 pm on the grounds of Holy Family Cathedral. Tickets - \$25.00 (on sale from May 26). We look forward to your ongoing support.

On Father's Day June 16th, both first and second collections will be collected for the Diocesan priests. A special envelope is being distributed. Please return these envelopes on Sunday 16th June, 2024.

Almighty God,

On this day of Pentecost, we celebrate the outpouring of Your Holy Spirit upon Your Church! We stand in awe of the mighty rushing wind and tongues of fire that descended, empowering the first disciples to boldly proclaim the gospel. *That same Spirit now dwells within us, the temple of the living God.*

Holy Spirit, come and fill us afresh today. Ignite in our hearts a renewed passion for Jesus and a burning desire to see Your kingdom advance. Baptize us anew with power from on high, that we might prophesy, see visions, and dream dreams according to Your will. Revive us with the same supernatural boldness that transformed the disciples from cowering in fear to fearless proclaimers of the truth.

Just as the Spirit led the early church into all truth, **lead us into a deeper revelation of Christ.** Open our eyes to behold the wonders found in Your Word. Illumine our understanding, that we may comprehend the breadth, length, height, and depth of Christ's love which surpasses knowledge. **May the Spirit's fruit be abundantly manifest in our lives** – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Empower us with gifts of the Spirit to build up the body of Christ and bring glory to Your name. Let prophetic utterances, words

of wisdom and knowledge, faith, healing, miracles, and discernment of spirits flow freely amongst us. May our church assemblies be characterized by an atmosphere of supernatural enablement, just as in the days of Pentecost.

Above all, *may we be filled afresh with the Spirit's power to be bold witnesses of the gospel, unhindered by fear or intimidation.* Thrust us out as Your sent ones, empowered to turn the world upside down with the good news of salvation through Jesus Christ.

This Sunday's Readings
19th May, 2024

First Reading: Acts 2: 1-11
Responsorial Psalm 104: 1, 24, 29-31, 34

Second Reading:
1 Corinthians 12: 3-7, 12-13 Or
Galatians 5: 16-25

Gospel:
John 20: 19-23 Or
John 15: 26-27; 16: 12-15 16: 15-20

"Received the Holy Spirit!"



Readings for Monday to Saturday

Monday 20th May

James 3: 13-18 or Genesis 3: 9-15, 20

Or Acts 1: 12-14

Psalm 19: 8-10, 15

Mark 9: 14-29 Or John 19: 25-34

Blessed Virgin Mary, Mother of the Church St.

Bernadine of Siena, priest

Tuesday 21st May

Acts James 4: 1-10

Psalm 55: 7-11, 23

Mark 9: 30-37

St. Christopher Magallanes, priest &

Companions, martyrs

Wednesday 22nd May

James 4: 13-17

Psalm 49: 2-3, 6-11

Mark 9: 38-40

St. Rita of Cascia, Religious

Thursday 23rd May

James 5: 1-6

Psalm 49: 14-20

Mark 9: 41-50

Friday 24th May

James 5: 9-12

Psalm 103: 1-4, 8-9, 11-12

Mark 10: 1-12

Saturday 26th April

James 5: 13-20

Psalm 141: 1-3, 8

Mark 10: 13-16

Blessed Virgin Mary / St. Bede the Venerable,

priest & doctor / St. Gregory VII, pope / St.

Mary Magdalene de' Pazzi, Virgin

WHAT THE FIRST READING
SAYS TO ME

The Bible, especially the New Testament, should never be read in the past tense. It is God's word to you and me now! Jesus is alive. His Spirit is with every Christian. This is the meaning of the Christ event, meaning- fully celebrated at Easter, Ascension, and Pentecost, three aspects of the one mystery. Luke follows the early Christian custom of celebrating the communication of the Spirit at the conclusion of the "great fifty days," our Pentecost. Hence, he relates the outpouring of the Spirit as we have it in the First Reading. John puts the communication of the Spirit on Easter day (Gospel). The gift of the Spirit is one with the risen Lord Jesus. Notice that both traditions stress that the Christian message is not just for the Jews but for all people. Psalm 104 may refer to the renewal of nature at springtime, time and again, done by God's life-giving breath (spirit). In Christian use, it is reinterpreted and applied to the renewal of life through the Holy Spirit.

WHAT THE SECOND
READING SAYS TO ME

1 Corinthians 12:3-7,12-13

Paul is concerned about his congregation in Corinth. In it, a charismatic group has originated and glossolalia (speaking in tongues) is practiced. Its effect on the congregation has not been good. Those who have failed to participate are looked upon as second-class Christians and divisiveness has ensued. Paul does not condemn the movement. He sees in it the Spirit at work. But on the other hand he stresses that the outpouring of the Spirit must build up the community (the body of Christ), not tear it apart.

To have the Spirit means, first of all, to confess: "Jesus is Lord." This is done in various ways, not just by speaking in tongues. Each gift, even the least spectacular one, must be used for the common good! This could be a reminder to contemporary movements and counter-movements in the Church.

WHAT THE GOSPEL SAYS TO ME

John 20: 19-23

Sometimes this reading is called "the Pentecost according to John." The theological background has been explained above. Notice that Jesus uses the symbolism of "breathing," when he communicates his Spirit to the disciples. Breath was the sign of life for the ancient Hebrews, and we ourselves still practice mouth to mouth resuscitation in a case of emergency.

This symbolism of "breathing" reminds us also of the first verse of the Bible, where the "ruah Yahweh" (breath-spirit of the Creator-God) is mentioned as the life-giving and animating principle of all creation. Jesus was a Jew and as such deeply steeped in Hebrew literature and culture.

KNOW YOUR CHURCH

By Daniel Payne

CNA Staff, May 14, 2024 / 12:47 pm

Pope Francis on Tuesday urged families around the world to remain close to grandparents and elderly family members, imploring loved ones to spend time with older relatives who may be facing "solitude and abandonment."

The Vatican released the message ahead of the fourth World Day of Grandparents and the Elderly, which takes place on July 28 this year. The pope first announced the annual observance in 2021.

Francis noted that the Bible contains numerous examples of the "fear of abandonment, particularly in old age and in times of pain." The theme for this year's observance is "Do Not Cast Me Off in My Old Age," a reference to Psalm 71. "All too often, loneliness is the bleak companion of our lives as elderly persons and grandparents," the pope said. He noted that when serving as archbishop of Buenos Aires he "would visit rest homes and realize how rarely those people received visits. Some had not seen their family members for many months." War often leads to high rates of elderly abandonment, the pope said. "How many of the elderly are left alone because men — youths and adults — have been called to battle, and women, above all women with small children, have left the country in order to ensure safety for their children."

Another prejudice against the old, the Holy Father argued, is the claim that they "rob the young of their future." "There is now a widespread conviction that the elderly are burdening the young with the high cost of the social services that they require, and in this way are diverting resources from the development of the community and thus from the young," the pope wrote. This is a distorted perception of reality. It assumes that the survival of the elderly puts that of the young at risk, that to favor the young, it is necessary to neglect or even suppress the elderly." Citing the biblical example of Ruth remaining by Naomi's side in the latter's old age, the Holy Father urged families: "Let us show our tender love for the grandparents and the elderly members of our families."



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