



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127
"Death and Life"

PALM SUNDAY OF THE LORD'S PASSION - 24th MARCH, 2024 - B

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

FEEDING PROGRAM - for the Shut-Ins and the Elderly, is ongoing-

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

LAST WEEK'S COLLECTION 17th March, 2024

| | 1st | 2nd |
|--------------------|-------------|-----------|
| Cathedral Saturday | \$2,058.85 | \$ 840.97 |
| Sunday 7:00 am | \$5,014.31 | \$ 284.55 |
| 9:00 am | \$1,778.28 | \$ 520.21 |
| Potters | \$ 533.20 | \$125.25 |
| Parham | \$ 456.70 | \$125.00 |
| Villa | \$ 1,098.00 | \$ 559.60 |
| Donovans | \$ 224.00 | \$108.55 |
| Diocesan Schools | \$ 155.00 | |

Thank you for your generosity

Parishioners are advised that the Parish Office will be closed from Thursday 28th March until Monday 1st April, 2024. The office will re-open at the usual time on Tuesday 2nd April. Please take note.

The Society of St. Vincent de Paul Villa Conference will host a cake sale on March 31st immediately after Mass. Kindly continue to support our fundraisers. Remember every contribution helps in assisting the less fortunate.

Parishioners are invited to support the main fundraiser for Catholic Radio on Easter Monday at small Ffryes Beach from 10 am until. Food and drinks on sale. The Bus will leave the Cathedral grounds at 8:30 am.

Palm Sunday Prayer

Increase the faith of those who put their hope in you and graciously hear the prayers of those who call on you, Oh God, that we who today hold high these branches in our minds and hearts to hail Christ in his triumph, may bear fruit for you by good works accomplished in him who lives and reigns for ever and ever.

HOLY WEEK SCHEDULE

**Palm Sunday - 9:00 am ONLY
HFC**

**Parham - 9:00 am
Potters - 11:00 am
Villa - 11:00 am**

Holy Thursday - Last Supper..
7:00 pm

Good Friday - LIVE Stations of
the Cross from Tyrells to Mount
Tabor at 8:00 am

Good Friday: Passion and Death
of Our Lord at 3:00 pm

Easter Vigil at 10:00 pm.

Easter Sunday - HFC ...9:00 am
ONLY

Parham ...9:00 am

Villa ...11:00 am

Potters ...11:00 am

DIVINE MERCY NOVENA & CELEBRATION OF THE FEAST OF DIVINE MERCY—

Day 1: The Divine Mercy Novena
will be prayed in Community after
the 3:00pm Service on Good
Friday: Meet in the Blessed
Sacrament Chapel.

Day 2 — Meet in the Blessed
Sacrament Chapel to begin at
8:00AM.

Day 3 — Easter Sunday: Pray At
Home

Days 4 - 9: Divine Mercy Novena
to be prayed 15 Minutes Before
Mass in the Various Church
Communities.

Sunday April 7th: 3:00PM at
Holy Family Cathedral:
Celebration Of The Hour of Great
Mercy.



The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

***** PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Patrick Skerritt, Victor Charles. Junie Browne.

Lectio Divina

READ: Jesus ate the Passover meal. After the meal, Jesus prayed in Gethsemane. Jesus was arrested through the betrayal of Judas Iscariot. He was first brought to the High Priest. Peter denied Jesus three times. Jesus was brought to Pilate. While releasing Barabbas, Jesus was sentenced to death. Jesus was crowned with thorns and then carried his cross to Golgotha where he was crucified. At three o'clock in the afternoon Jesus cried out loudly. Afterwards, Jesus gave up his spirit. The curtain that enclosed the temple sanctuary was torn from top to bottom. The captain professed that Jesus is the Son of God. There were some women watching from a distance. In the evening Joseph of Arimathea took and laid Jesus' body in a tomb.

REFLECT: Today is Palm Sunday. The palm symbolizes ramification. Today's celebration invites us to reflect on Jesus' offering of his life, which paved the way for the birth of Christianity. The community of disciples he formed would, afterwards, spread through all the world to proclaim the Good News. Through his sacrifice, the mission of Jesus of bringing the fullness of life, began to branch out. As Christians, we should be aware that there is no true sacrifice that is wasted. The good effects of our sacrifices for others can always go a long way.

PRAY: Let us pray that we may truly learn the value of sacrifice.

ACT: Let us do one sacrificial act today and offer it for the wellbeing of a person we love.

***** PENTECOST SONG CONTEST

Are you a singer or do you know how to turn a tune very well? Can you bring down the Holy Spirit with your vocal abilities and stage performance? Holy Family Cathedral Parish invites you to be a part of its Pentecost Song Contest 2024. You may select any genre, Christian song or your original composition, but your presentation must have an upbeat rhythm indicative of Pentecost Sunday. Call Gilbert Laudat at 720-2431 for more information.

CATECHETICAL NOTICE

GOOD FRIDAY STATIONS OF THE CROSS FROM TYRELLS TO MT. TABOR: For parishioners who are interested in transportation from the Cathedral to Tyrells for the Stations of the Cross... there will be two buses leaving the Cathedral at 7:30 a.m. sharp. Transportation will be available for the elderly during the walk to Mt. Tabor.

LENTEN FOOD PANTRY DRIVE: There will be a box at the back of the Cathedral for parishioners who have indicated that they would like to bring their food and/or toiletries to Mass on Sundays. Please place your items in the box provided. The young people will package and distribute the items during the Easter Break. If you know of families who would appreciate a food package, please call the Pastoral office at 560-2693.

St. John's Catholic Primary School is pleased to announce that registration is open for the period of March 15th to May 15th 2024. We are accepting preschool and primary school students, ages two and a half to eleven years old. Application forms can be collected from the school's office from 8am – 12pm daily, or can be emailed to you. To receive the form via email, please send a request email to sjcpsprimary@gmail.com, **Subject – Preschool Application Form or Primary School Application Form.**

To complete the application process, you will need copies of your child's:

- Birth certificate
- Baptismal certificate where applicable
- Health and immunization card
- Recent school report or transcript
- A passport size picture
- \$120 registration fee
- Completed application form

We are looking forward to welcoming you to our SJGPS family.

This Sunday's Readings
24th March, 2024

First Reading: Isaiah 50: 4-7

Responsorial Psalm: My God, my God, why have you abandoned me?

Second Reading: Philipians 2: 6-11

Gospel: Mark 14: 1-15: 47

Readings for Monday to Saturday

Monday 25th March

Isaiah 42: 1-7

Psalm 27: 1-3, 13,14

John 12: 1-11

Tuesday 26th March

Isaiah 49: 1-6

Psalm 71: 1-6, 15, 17

John 13: 21-33, 36-38

Wednesday 27th March

Isaiah 50: 4-9

Psalm 69: 8-10, 21-22, 31, 33-34

Matthew 26: 14-25

Thursday 28th March

Exodus 12: 1-8, 11-14

Psalm 116: 12,13,15,16,17,18

1 Corinthians 11: 23-26

John 13: 1-15

Holy Thursday of the Lord's Supper

Friday 29th March

Isaiah 52: 13—53: 12

Heb 4: 14-16; 5: 7-9

Psalm 31: 2, 6, 12,13, 15,17, 25

John 18: 1—19:42

Good Friday of the Lord's Passion

Saturday 30th March

Genesis 1: 1-2:2

Genesis 22: 1-18

Exodus 14: 15—15: 1

Isaiah 55: 1-11

Ezekiel 36: 16,17,18 -28

Psalm 118: 1-2, 16-17, 22-23

Mark 16: 1-7

WHAT THE FIRST READING SAYS

TO ME This reading is taken from the third song of the Servant of Yahweh. As mentioned at the feast of the Baptism of our Lord, it is not clear whom the inspired writer had in mind when he composed these four songs, describing the ideal Servant (Son) of God. Is he a collective person: Israel, God's people? Is he a king of the past or the Messiah (anointed king) to come? In any case, the Christian community applied these hymns very early to Jesus and they are used throughout Holy Week as a beautiful commentary on the passion narratives. Indeed, "the Son of Man [Jesus] did not come to be served but to serve and to give his life as a ransom for many".

WHAT THE SECOND READING SAYS TO ME

This text is actually a Christ hymn, sung in church. It beautifully describes our Lord's utmost humiliation, which he suffered on the cross. By being obedient, he made up for our sinful disobedience. But this hymn sings also of Christ's exaltation by the Father. Meditating on the Lord's suffering and death, as Christians do during Holy Week, we should keep both sides of the Christ event in mind. It is suffering and death that actually constitutes a passage to exaltation. Good Friday and Easter belong together even in our lives!

WHAT THE GOSPEL SAYS TO ME

Paul states: "For our sakes [God] made him to be sin who did not know sin, so that we might become the righteousness of God in him". Jesus identified himself entirely with sinful humankind, whom he freed from sin and death. Each of the evangelists relates the narrative of Christ's passion with only a few different memories of the tragedy. In Matthew and Mark, Jesus' last words are: "My God, my God, why have you forsaken me?". Luke remembers that on the cross Jesus promised paradise to the criminal who repented and that Jesus said: "Father, into your hands I commend my spirit". All three relate the Lord's Supper, which Jesus gave us to celebrate as a memorial of his passion, death, and resurrection. Prayerful meditation on Jesus' passion should make us grateful for what Jesus did. He has said: "No one has greater love than this, to lay down one's life for one's friends. You are my friends".

KNOW YOUR CHURCH

By Nathália Queiroz

ACI Digital, Mar 20, 2024 / 08:00 am

"My secret, my great secret, is to pray," said Sister Inah Canabarro Lucas, the oldest nun in the world at 115 years of age. "I pray the rosary every day for all the people around the world." The Teresian nun is also the oldest person in Brazil and Latin America, according to the Gerontological Research Group.

Sister Inah expressed her good humor and joy in the few words she managed to say in a March 9 interview with ACI Digital, CNA's Portuguese-language news partner. She repeated a prayer several times to the Virgin Mary, praying to her "for all the people of the entire world."

The nun currently lives in Porto Alegre in Rio Grande do Sul state in Santo Enrique de Ossó Home, adjacent to the Provincial House of the Teresian Sisters of Brazil, the community she entered in 1927 at the age of 19. According to the home's coordinator, Sister Lúcia Ignez Bassotto, Sister Inah "is always focused on others and not on herself." She is "a very resilient person, isn't demanding, appreciates everything, thinks that everything is fine, has enormous admiration for the congregation, for the company. She prays for everyone, she is concerned for everyone." "Her life is truly exemplary," continued Sister Lúcia, who has known Sister Inah since she was a student in the town of Sant'Ana do Livramento. Sister Lúcia Bassotto and Sister Inah Canabarro. Credit: ACI Digital Another characteristic of Sister Inah is that she always wants to be active. She continues to participate in community prayers, and she likes to be in the garden and spend time with her sisters. Sister Lúcia said that although the elderly nun's health has declined a little in the last couple of weeks, on the days when she is well she is very talkative and playful. Until recently, she continued, Sister Inah "painted napkins, made cards, did many things. When she had nothing to do, she would pick up a deck of cards and start playing."

"Are you the King of the Jews?"





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