



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"The Priest's Ministry"

14th SUNDAY IN ORDINARY TIME - 7th JULY, 2024 - B

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

FEEDING PROGRAM for the
Shut- Ins and the Elderly is ongoing
Donations to support these programs
are welcome.

Please write to the Administrator,
Holy Family Cathedral P. O. Box 16
or Michael's Mount, St. John's,
Antigua.

SUMMER CAMP 2024 for
children 5 - 12 years. This year
Summer Camp for this group will be
held from July 15th - 26th from 9
a.m. to 3 p.m. at the St. Lwanga
Youth Centre. Registration is now
open. Forms can be collected at the
Pastoral Centre.

Applications are invited from
suitably qualified persons to teach
Chemistry and Integrated Science
at the CSEC Level.

Applications must be made out to the
**Principal: St Joseph's Academy, P
O Box 234, Stapleton Lane, St
John's, Antigua**

Please drop off a hard copy at the
school's office or an email
sjaantigua@gmail.com.
Applications should reach the
Principal on or before Tuesday, July
30, 2024.

**The members of the Society of St.
Vincent de Paul St. Joseph's
Conference** would like to say a
heartfelt thank you to all those who
supported their Fathers' Day Lunch
on June 16. Your support will enable
us to assist the less fortunate. May
God continue to richly bless you.

MARRIAGE MINISTRY The next
Marriage Preparation Classes will
begin in September, 2024. Interested
couples can collect a registration
form at the Pastoral Centre. Call 560
-2693 or 461-1127 for further
details.

Lectio Divina

READ: Jesus returned to his own
country. On a Sabbath, he taught in the
synagogue. The people who heard him
were astonished at his teaching. But
these same people who heard him were
asking where did Jesus get his wisdom
and how was he able to do the miracles
he performed. The people also
identified Jesus to be the carpenter and
the Son of Mary. The people took
offense at him. Jesus said that prophets
are not received in their own country.
Consequently, Jesus did not perform
many miracles there. Jesus only laid
his hands on few sick people in order
to heal them. Jesus was surprised at
their lack of faith.

REFLECT: Our ongoing conversion
happens in the ordinariness of our
everyday life. In our faith journey,
there are times when we tend to
associate God's presence in the
extraordinary events. But God reveals
himself even in the most ordinary event
of our daily life. In the Gospel passage
for today, Jesus returned to his own
country. On a Sabbath, he taught in
the synagogue where the people who
heard him were astonished. However,
despite their astonishment, they took
offense at Jesus because they looked at
Jesus as an ordinary person in their
neighborhood. Like the people in
today's Gospel, it seems that we find it
difficult to feel God's presence in the
ordinary events.

PRAY: We pray that we may truly
feel God's presence even in the
ordinary events of our daily life.

ACT: Let us give our best to whatever
we do today while finding God amidst
the ordinary.

LAST WEEK'S COLLECTION 30th June, 2024

	1st	2nd
Cathedral Saturday	\$1,646.62	\$ 614.40
Sunday 7:00 am	\$1,102.40	\$ 358.45
9:00 am	\$1,937.02	\$ 385.42
Potters	\$ 393.25	\$ 90.00
Parham	\$ 330.00	\$ 70.00
Villa	\$ 561.80	\$ 416.95
Donovans	\$ 118.00	\$ 56.00
Diocesan Schools	\$ 70.00	

Thank you for your generosity



The Prayer of the Synod Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

***** PRAYER FOR THE SICK & SHUT- INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Victor Charles, Junie Browne, Cheralyn Beazer, Jean Mathurin.

CATECHETICAL NOTICES

ST. LWANGA YOUTH CENTER PRESENTS BEST FEST 2.0. - July 8 - 12, 2024. Register Now for Our Exclusive Workshop for students in Secondary and Tertiary education. Build valuable skills, gain insights, and prepare for future opportunities. Unlock your potential and grow your capacity. This Workshop will be held from July 8 - 12, 2024 at the St. Lwanga Youth Centre, Stapleton Lane - 9:30 a.m. to 4:30 p.m. Registration fee - \$100.00. Click on the link to register or call the Youth Centre at 780-9688. The first ten (10) registrants will receive a 10% discount.

Click the link to register <https://forms.gle/vWVKE7buuGhxXE1c8>

NEW REGISTRATION FOR CATECHETICAL SESSIONS:

- **CONFIRMATION** for young people born in 2011
- **FIRST COMMUNION** for children born in 2016
- **SUNDAY/MONDAY RELIGIOUS EDUCATION** for children born in 2017 who attend non-Catholic schools
- **RCIA** (Rite of Christian Initiation for Adults) for persons 18 years and older who have never been confirmed or wish to become Catholic.

Registration will be held from Monday 8th July to Friday 19th July at the Pastoral Centre from 11:00 a.m. to 4:00 p.m. Baptismal Certificate is required and the registration fee is \$50.00

PRAYER DURING HURRICANE SEASON

God, our Father, Creator and Lord of the Universe, You have set the earth on its foundation and all elements of nature obey Your command. We humbly beseech You to keep us safe from all dangers and to calm the storms that threaten us. May we be secure in Your loving protection and serve You always with grateful hearts. We ask this through our Lord, Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, God, forever and ever. Amen.

SAINT OF THE DAY - JULY 9th

Saint Augustine Zhao Rong

Augustine Zhao Rong was a Chinese soldier who accompanied Bishop John Gabriel Taurin Dufresse of the Paris Foreign Mission Society to his martyrdom in Beijing. Not long after his baptism, Augustine was ordained as a diocesan priest. He was martyred in 1815.

Father Augustine, whose name is attached to today's memorial, was the first native-born Chinese priest and the first Chinese priest to be martyred. He was originally a soldier entrusted with the task of transporting to Beijing French Bishop John Gabriel Taurin Dufresse who had been arrested and would also be martyred. During the long journey, the bishop greatly impressed Zhao Rong with his kindness and peaceful demeanor in the face of persecution. Zhao Rong requested and received baptism after learning about the Catholic faith. Taking the name Augustine, he was later ordained a priest. After his arrest, he was offered the opportunity to renounce the Catholic faith but refused. After horrific tortures, Father Augustine died of his injuries in prison.

SAINT OF THE DAY - JULY 11th

St. Benedict

St. Benedict (born c. 480 CE, Nursia [Italy]—died c. 547, Monte Cassino; feast day July 11, formerly March 21) was the founder of the Benedictine monastery at Monte Cassino and father of Western monasticism; the Rule that he established became the norm for monastic living throughout Europe. In 1964, in view of the work of monks following the Benedictine Rule in the evangelization and civilization of so many European countries in the Middle Ages, Pope Paul VI proclaimed him the patron saint of all Europe.

This Sunday's Readings
7th July, 2024

First Reading: Ezekiel 2: 2-5
Responsorial Psalm: Ps 123: 1- 4
Second Reading: 2 Corinthians 12: 7-10
Gospel Mark 6:1- 6

"Who is he but the carpenter ...?"



Readings for Monday to Saturday

Monday 8th July

Hosea 2: 16 - 18, 21, 22
Psalm 145: 2 - 9
Matthew 9: 18-26

Tuesday 9th July

Hosea 8: 4-7, 11-13
Psalm 115: 3 - 10
Matthew 9:32-38

Wednesday 10th July

Hosea 10: 1-3, 7- 8, 12
Psalm 105: 2-7
Matthew 10: 1-7

Thursday 11th July

Hosea 11: 1-4, 8, 9
Psalm 80: 2, 3, 15, 16
Matthew 10: 7-15
St. Benedict, abbot

Friday 12th July

Hosea 14: 2-10
Psalm 51: 3, 4, 8, 9, 12, 13, 14, 17
Matthew 10: 16 - 23

Saturday 13th July

Isaiah 6: 1- 8
Psalm 93: 1, 2, 5
Matthew 10: 24-33
Blessed Virgin Mary, St Henry

**WHAT THE FIRST READING
SAYS TO ME**

The prophet is God's spokesman, sent specifically by him. Ezekiel is sent as a prophet to his compatriots, a people "hard of face and obstinate of heart." He is told to preach the message "whether they heed or resist." Not an easy task! Many prophets have had to suffer. Think of Jeremiah, Isaiah, Amos, John the Baptist and modern prophet-like personages. And our Lord himself was no exception, as we will see in the Gospel.

**WHAT THE SECOND READING
SAYS TO ME**

Paul encounters problems similar to those of Ezekiel (First Reading) and Jesus himself (Gospel). "False preachers" have confused the congregation of Corinth. They have bragged about supposedly having received extraordinary revelations from God, Paul, on the contrary, will boast of nothing except his physical situation, which is miserable: "I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me." He thus invites his converts to see in him Christ whom he represents. God's word to us is: We should do the same wherever people preach the word of God.

**WHAT THE GOSPEL
SAYS TO ME**

Jesus is shown as being unable to accomplish much in his hometown because of the people's lack of faith. Why does Mark recount this tradition? He has no intention of entertaining us. Guided by God, he wants to teach his word. It may be as follows: Without faith it is impossible to be aware of the truth and the sacred in our midst. A child, a hobo, a neighbor, a coworker, any person even without formal education can teach us the truth. Do we accept it? Faith is of the utmost importance when we are listening to our priest.

KNOW YOUR CHURCH

Vatican City — July 2, 2024

Pope: Heaven is for 'everyone, everyone, everyone' -

Heaven is not a secure vault protected from outsiders but a "hidden treasure" that is reached by cultivating virtues, Pope Francis said. Before praying the Angelus in St. Peter's Square on the feast of Sts. Peter and Paul June 29, the pope reflected on Jesus giving St. Peter, the first pope, the keys to the kingdom of heaven. "The mission that Jesus entrusts to Peter is not that of barring the doors to the house, permitting entry only to a few select guests, but of helping everyone to find the way to enter, in faithfulness to the Gospel of Jesus," Francis said after celebrating Mass in St. Peter's Basilica. Heaven, he added, is "for everyone. Everyone, everyone, everyone can enter." The pope said that St. Peter "received the keys to the kingdom not because he was perfect, no, he is a sinner, but because he was humble, honest and the Father had given him sincere faith." Even after many trials and setbacks, the Apostle Peter was the first to experience for himself "the joy and freedom that come from meeting the Lord," and the first "to understand that authority is a service in order to open the door to Jesus." The following day, Francis again appeared in the window of the Apostolic Palace to keep his usual Sunday appointment of praying the Angelus with the faithful. He focused on the Gospel theme of inclusivity by reflecting on the day's Gospel reading from St. Mark in which a woman is healed after touching Jesus' cloak and a girl is resurrected after Jesus took her by the hand. Highlighting the importance of physical contact in both healings, the pope asked, "Why is this physical contact important?" "It is because these two women are considered impure and cannot, therefore, be physically touched — one because she suffers from bleeding and the other because she is dead," he said. "Yet, Jesus allows Himself to be touched and is not afraid to touch." By carrying out the physical healing, Jesus "challenges the false religious belief that God separates the pure, placing them on one side, from the impure on another," the pope said. "Instead, God does not make this kind of separation because we are all his children."



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BETTER EVERYDAY**