



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ email [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560 2693 ♦ 461-1127

*"Do We Know Jesus Christ?"*

**3th SUNDAY IN ORDINARY TIME - 22nd JANUARY, 2023 - A**

## THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



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### PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the  
Shut-Ins and the Elderly, is  
ongoing.  
HOME - for the Elderly -**

Donations to support these programs  
are welcome. Please write to the  
Administrator, Holy Family Cathedral  
P. O. Box 16 or Michael's Mount, St.  
John's, Antigua.

The Diocese of St John's-Basseterre  
is organizing a conference for  
Catholic Men slated for Sunday,  
January 29th, 2023 from 1:30 pm to  
6:00pm at AUA . Please send your e-  
mail address if you would like to  
register on line or pick up a form from  
the Pastoral Centre.

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**Parishioners are invited to attend  
Mass of the Feast of the Presentation  
of The Lord on February 2nd at 6:00  
pm.**

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**COLOURS OF LOVE - Pre-  
Valentine's Fete, It is not just for  
couples, any one can attend.**

**You can purchase your tickets  
from Gilbert Laudat at the Cathedral,  
Theolinda Brooks at Villa and at the  
Pastoral Centre. Come and join us at  
Indies Green on Friday, February 10,  
2023 starting at 8:00pm. All inclusive  
package is \$150.00 per person.  
Drinks, food and music on the house.**

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**Mass for the sick will be celebrated  
on the Feast of Our Lady of  
Lourdes 11th February at 8:00  
am The sick will be anointed at that  
Mass.**

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**The Feeding Program resumes next  
month. Parishioners who know of  
individuals in need of lunches, are  
asked to contact Fr. George or the  
Pastoral Centre.**

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**The Parish now has an Ice Machine,  
Parishioners can get bags of ice at  
\$5:00 per bag. Order your ice one  
week in advance.**

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**Parishioners are advised that  
only a few Bible Diaries are left.  
The cost is \$80.00.**

## CATECHETICAL NOTICES

### **YOUTH LEADERSHIP & PUBLIC SPEAKING WORKSHOP**

For youth and young adults 11 years and  
over. Do you want to enhance your  
public speaking skills? Overcome  
shyness? Learn to Speak with  
confidence? Bring out your leadership  
qualities? Sign up for this workshop. the  
first session will be held on Saturday  
28th January from 1:30 to 2:45 p.m. at  
the Pastoral Centre. Registration can be  
done online or pick up a form at the  
Pastoral Centre. Registration

link: [https://forms.gle/  
iNCos7P2pArXearB9](https://forms.gle/iNCos7P2pArXearB9)

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**The next Marriage Preparation  
Course** will be held in March.  
Couples planning to get married this  
year are encouraged to pick up a  
registration form at the Pastoral Centre  
or at the OLPH Parish Office.

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### **Lectio Divina**

**Read:** Today's readings  
introduce us to Jesus' mission.  
The prophet Isaiah tells us  
that the Messiah will come to  
banish darkness and death,  
replacing them with joy. Paul  
writes about the unity of those  
who follow Jesus, a unity  
founded in the Gospel and in  
the cross. In Matthew's  
Gospel, Jesus calls us to  
abandon the past, change the  
way we live, and follow him.

**Reflect:** By baptism, we are  
united in the Body of Christ

## **LAST WEEK'S COLLECTION**

**15th January, 2023**

	1st	2nd
Cathedral Saturday	\$5,215.05	\$ 703.87
Sunday 7:00 am	\$1,740.05	\$ 471.35
9:00 am	\$2,190.57	\$ 382.60
Parham	\$ 333.40	\$ 55.00
Potters	\$ 599.37	\$ 123.10
Villa	\$1,271.85	\$ 282.02
Hispanic	\$ 312.95	\$ xxx
Diocesan Schools	\$ 120.00	

**Thank you for your generosity**

.and so we share in his mission. Like Peter and Andrew, James and John, we are called to leave behind anything that is not God and follow Jesus wholeheartedly. Change is never easy, facing our sinful behaviors can be embarrassing and painful. Avoiding occasions of sin is difficult and may cost us activities and relationships that we found pleasurable. It is fair to ask what we get in exchange for this effort. Jesus tells us what we will gain - the very kingdom of God. That kingdom - a kingdom of joy, unity, love and hope - is near.

**Pray:** Lord Jesus, help me to love you above all things, to follow you and to come to your kingdom.

**Act:** Seek the Lord's forgiveness for your sins and make a firm commitment to change your ways.



## The Prayer of the Synod: Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

## Our Catholic Life -

On Wednesday 25th January we celebrate the **Feast of the Conversion of St. Paul the Apostle.**

**For love of Christ, Paul bore every burden.**

Paul, more than anyone else, has shown us what man really is, and in what our nobility consists, and of what virtue this particular animal is capable. Each day he aimed ever higher; each day he rose up with greater ardor and faced with new eagerness the dangers that threatened him. He summed up his attitude in the words: *I forget what is behind me and push on to what lies ahead.* When he saw death imminent, he bade others share his joy: *Rejoice and be glad with me!* And when danger, injustice and abuse threatened, he said: *I am content with weakness, mistreatment and persecution.* These he called the weapons of righteousness, thus telling us that he derived immense profit from them.

Thus, amid the traps set for him by his enemies, with exultant heart he turned their every attack into a victory for himself; constantly beaten, abused and cursed, he boasted of it as though he were celebrating a triumphal procession and taking trophies home, and offered thanks to God for it all: *Thanks be to God who is always victorious in us!* This is why he was far more eager for the shameful abuse that his zeal in preaching brought upon him than we are for the most pleasing honors, more eager for death than we are for life, for poverty than we are for wealth; he yearned for toil far more than others yearn for rest after toil. The one thing he feared, indeed dreaded, was to offend God; nothing else could sway him. Therefore, the only thing he really wanted was always to please God.

The most important thing of all to him, however, was that he knew himself to be loved by Christ. Enjoying this love, he considered himself happier than anyone else; were he without it, it would be no satisfaction to be the friend of principalities and powers. He preferred to be thus loved and be the least of all, or even to be among the damned, than to be without that love and be among the great and honored.

## PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Yvonne Watkins, Cosmas Rowe, Novelle Ford, Andrea Brown, Latoya Edmun-Joseph.

**PS... Please inform the Parish Office of phone contacts for this list of sick and shut-ins.**



**This Sunday's Readings**  
**22nd January, 2023**

**First Reading: Isaiah 8: 23—9: 3**

**Responsorial Psalm: *The Lord is my light and my salvation.***

**Second Reading: 1 Corinthians 1: 10-13,17**

**Gospel: Matthew 4: 12-23**

**Readings for Monday to Saturday**

**Monday 23rd Hebrews 9: 15, 24-28**

**Psalm 98: 1-6**

**Mark 3: 22-30**

**Tuesday 24th Hebrews 10: 1-10**

**Psalm 40: 2,4,7,10,11**

**Mark 3: 31-35**

***St Francis de Sales, bishop & doctor***

**Wednesday 25th Acts 22: 3 - 16**

**Psalm 117: 1,2**

**Mark 16: 15 -18**

**Feast of the Conversion of St. Paul, the apostle**

**Thursday 26th 2 Timothy 1: 1-8**

**Psalm 96: 1-3, 7,10**

**Mark 4: 21-25**

***Sts. Timothy & Titus, bishops***

**Friday 27th Hebrews 10: 32-39**

**Psalm 37: 3-6, 23,24,39,40**

**Mark 4: 26-34**

***St. Angelo Merici, virgin***

**Saturday 28th Hebrews 11: 1,2,8 -19**

**Luke 1: 69 - 75**

**Mark 4: 35-41**

***St. Thomas Aquinas, priest & doctor***

**WHAT THE 1ST READING SAYS TO ME:**

The setting is a civil war between the two kingdoms into which the Jewish nation was split after the death of Solomon. Judah (south) and Israel (north) . Judah had called in Assyrians to come to her help. They invaded Israel and took many captives among the tribes of Zebulun and Naphtali. Isaiah saw all this as a punishment for sin, especially the king's lack of faith in God. As descendants of the great King David, they should be the representatives of God on earth. They failed! In his songs and poems, Isaiah dreams about an ideal king to come, a true king of peace, who will be Immanuel—God –with-us. Matthew sees Isaiah's aspiration fulfilled in Jesus Christ. "wait for the Lord with courage!"

**WHAT THE 2ND READING SAYS TO ME:**

There is dissension in the congregation of Corinth. Paul points out that all members are called to be Christ's ministers and disciples. All share in the mission of Jesus, namely, to be a light to other human beings in darkness! But a house divided causes only misfortune and misery. Accepting one another, human as we are, priests, members of the parish council and ordinary parishioners, we should be one in the faith and in our dedication to Christian discipleship and service.

**WHAT THE GOSPEL SAYS TO ME:**

Matthew, a Jew writing for Christians of Jewish background, sees Isaiah's dreams fulfilled in Jesus Christ, who begins his missionary activity in the land of Zebulun and Naphtali. Jesus is a prophet like the ancient prophets of Israel. He is a teacher. He is the Servant of Yahweh. He is the Son of God, not just adopted as Hebrew kings were at their enthronement, but in a very unique way. Jesus is the great light, envisaged by Isaiah in the first Bible reading . Like the first disciples, all Christians share in Christ's mission of service.

**KNOW YOUR CHURCH**

A drunken thief was injured after falling on the sword of a statue of St. Michael the Archangel that he was trying to steal from a church in Monterrey, Mexico. Local media reported that during the early hours of Jan. 14, Carlos Alonso, 32, allegedly went to the Christ the King Parish in downtown Monterrey to rob the church.

In the darkness, Alonso reportedly jumped over the fence in front of the church entrance, broke a glass door, and entered the church. While trying to flee with a statue of St. Michael the Archangel, the alleged thief tripped and fell on the angel's sword, seriously injuring his neck. Some passersby saw the wounded man at the church doors and called for medical help.

Monterrey Civil Protection personnel arrived at the scene, cut the padlock on the main gate of the fence, and saved the would-be thief's life.

After stabilizing the injured man, the rescuers took him to a clinic to be treated and to get more information about the damage that may have been caused.

It is expected that once he has recovered, the suspect will be turned over to the public prosecutor's office, and the punishment he could face for the damage to the church will be determined.

The statue of St. Michael the Archangel was unharmed.

*"Come, follow me: and I will make you fish for people."*







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**BETTER EVERYDAY**