



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ email hfc.antigua@gmail.com ♦ Phone 268 560 2693 ♦ 461-1127
"Temptation and Sin"

1st SUNDAY OF LENT - 26th February, 2023 - A

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the
Shut-Ins and the Elderly, is
ongoing.
HOME - for the Elderly -**

Donations to support these programs
are welcome. Please write to the
Administrator, Holy Family Cathedral
P. O. Box 16 or Michael's Mount, St.
John's, Antigua.

LAST WEEK'S COLLECTION

19th February, 2023

	1st	2nd
Cathedral Saturday	\$4,884.90	\$ 869.55
Sunday 7:00 am	\$1,804.97	\$ 307.45
9:00 am	\$2,235.80	\$ 647.11
Parham	\$ 734.00	\$ 165.40
Potters	\$ 369.67	\$ 160.20
Villa	\$1,553.00	\$ 162.10
Diocesan Schools	\$ 235.00	

Thank you for your generosity

Parishioners are advised that there are
a few more calendars to be sold. They
can be purchased from Mrs. Hannays at
Saturday evening Mass, on Sunday from
Mr. Laudat and at the Pastoral Centre.
Cost is \$20.00.

The Parish now has an Ice Machine,
Parishioners can get bags of ice at \$5:00
per bag. Order your ice one week in
advance.

The next Marriage Preparation Course
will be held in March. Couples planning
to get married this year are encouraged to
pick up a registration form at the Pastoral
Centre or at Our Lady of Perpetual
Help's Parish Office.

The St. Joseph's Team is a new
established group of active men with a
mission to work, pray, protect, fellowship
and evangelize, imitating the examples of
St. Joseph their patron saint. An invitation
is extended to all gifted and active males
to join us every Monday evening at
6:30pm in the Cathedral. For more
information, please contact Deacon
Duplessis at 771-6840.

The Memorial Mass for Dawn
Patricia Trotter-Camacho will be held
on Wednesday 8th March, 2023 10:00
a.m. at Holy Family Cathedral. Her
ashes will be interred at the St. John's
Public Cemetery. May her soul Rest In
Peace.

St. Joseph's Academy will hold its first
ever Mr. SJA Gentleman of Quality; a
competition consisting of talents,
oratorical skills and intellect. SJA Mr.
GQ will be held on Saturday, 4th, March,
2023, at the Dean William Lake Cultural
Centre, beginning at 8:00p.m. Tickets
are \$40.00 and may be obtained from the
Office of the Academy.

A Brief Survey of the Biblical Word
Beginning 1st March and every
Wednesday during Lent Bible Study will
be held in the Pastoral Centre from 6:30
pm to 7:30 pm with Fr. Jean Paul Sade.
Please call 560-2693 or 461-1127 or you
can register online using this link <https://forms.gle/hFnR6BqEPa5vmouu5>

CATECHETICAL NOTICES

St. Lwanga After School Care and
Homework Assistance, Monday to
Friday from 1.30 to 4.45 pm. Call the
Youth Centre at 780-9688 for more
information or
email stlwangayouth22@gmail.com.

Rite of Christian Initiation for Adults
(RCIA): Adults and young adults who
have not been baptized, or Confirmed or
received their First Holy Communion and
persons wishing to become a member of
the Catholic Church are invited to register
for this programme starting in March.
Please call the Pastoral Centre at 560-2693.

Lenten Recollection Days for all in
the Catechetical Ministry:

Saturday 4th March - All Catechists will
be on Retreat at Mount Tabor Retreat
Center (please note No Confirmation
sessions on that day)

Saturday 11th March - All Confirmation
Candidates will be on Retreat at Our Lady
of Perpetual Help, Tyrells Hall.

Sunday 12th March - All parents with
children and young people in the various
programmes are invited to Adoration and
Benediction at 4.00 pm in the Cathedral.

February is Black History Month, where
we focus on the contributions of black
people to the development of our culture
and society as a whole. In that regard, the
Parish Council invites you to join in
solidarity by wearing the colors, fabrics,
African or national dress of your choice
during this/these weekend Masses. We
encourage you to take your photo, group or
individual and send your pictures to 773
6833. A photo collage will be created for
our calendar.

ENCOURAGING our CATHOLIC
BUSINESSES or individuals, to give
young people that initial "experience" so
many companies are requesting. We thank
the businesses and individuals who heard
the plea, saw our vision, and have given
some of our youth an opportunity. We
invite you to call our St. Lwanga Youth
Center and help us help our youth.



The Prayer of the Synod:

Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity

so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

Parishioners are advised that the following Synodality synthesis comes into effect in parish management for a five year period at the first instance. All are encouraged to be part of this new parish experience.

Theme for five Years Pastoral plan "Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes" (Is 54:2).

Sub- theme : January 2023 to January 2024

A call to Missionary Discipleship .(Pastoral Exhortation 2020 (Bishop Robert Llanos pastoral letter.)

Agenda

1. Formation and training on the concept of "A Call to Missionary Discipleship" Pastoral Exhortation 2020 by Bishop Robert Llanos.
2. Continued interactions among groups in the parish with reference to gender theory and ideology
3. A review of all existing groups in the parish with consideration to consensus adoption guided by Synodality synthesis .
4. Liturgical Review (preparation of Sunday Masses and other devotions).

5. Catechetical program and its effects on faith development among the children and youth.
6. Youth Program (contents and applicability to current needs).
7. Hospitality (welcoming atmosphere in the parish – existing and improvement).
8. Home Visitation (visiting the sick, ministering spiritual needs).
9. Focus on the spiritual needs of men (special efforts to reach out to lapsed Catholic men).
10. Networking in the form of evangelization (reaching out to those who are on the periphery).
11. Formation of women network at the parish level (to include single women, a non-judgmental approach towards inclusion).
12. Implementation team formation towards fundraising activities.
13. Additional support for the ongoing feeding program and assistance in support resources for the newly refurbished St. Francis Home for the Poor.
14. Bible and faith formation studies

Our Catholic Life -

The Season of **LENT** starts on Ash Wednesday and ends on Holy Thursday before the Evening Mass of the Lord's Supper. From then until Easter Sunday the Church celebrates the Easter Triduum of Christ's passion and death, burial and resurrection. Lent is characterized by penance for our past sins, works of mercy especially towards the poor and personal preparation for the renewal of our baptismal promises at the Easter Vigil. Thus, Lent has two features: penitential and baptismal. Our tears of penance renew in our hearts and souls the water of baptism.

There are also no limits on most beverages you can have on Ash Wednesday. So coffee and tea would be acceptable. Children, the elderly, pregnant women and those with certain health conditions are exempt from fasting on Ash Wednesday and during Lent. Lent comes from the Anglo Saxon word *lencen*, meaning "lengthen" and refers to the lengthening days of spring. The forty days **represent the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry.**

FRIDAYS IN LENT

Stations of the Cross will be led by the following at 6:00 pm at HFC every Friday for Lent.

- 24/02 Fr Jean Paul and Deacon George
- 03/03 Parish Deacons
- 10/03 Men's Fellowship
- 17/03 Sr. Annita
- 24/03 Parish Youth
- 30/03 Bishop—Road to the Cross
- 07/04 GOOD FRIDAY

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.**

Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Patrick Skeritt, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Yvonne Watkins, Cosmas Rowe, Novelle Ford, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson.

Holy Family Cathedral Parish presents The Passion and the Pan. A Spirit filled outdoor event on the lawn (the east parking lot).

Sunday 2nd April, 2023 at 5:30 pm

Tickets are \$10.00 for adults
\$ 5.00 for children

Come and be enlightened. Come and be blessed.

This Sunday's Readings
26th February, 2023

First Reading: Genesis 2: 7-9; 3: 1-7

**Responsorial Psalm: *Be merciful, O Lord
for we have sinned.***

Second Reading: Romans 5: 12 -19

Gospel: Matthew 4: 1-11

Readings for Monday to Saturday

Monday 27th Leviticus 19: 1-2, 11-18

Psalm 19: 8-10, 15

Matthew 25:31-46

Tuesday 28th Isaiah 55: 10-11

Psalm 34: 4-7, 16-19

Matthew 6: 7-15

Wednesday 1st Jonah 3: 1-10

Psalm 51: 3-4, 12-13 18-19

Luke 11: 29-32

Thursday 2nd Esther C:12, 14-16, 23-25

Psalm 138: 1-3, 7-8

Matthew 7: 7-12

Friday 3rd Ezekiel 18: 21-28

Psalm 130: 1-8

Matthew 5: 20-26

St. Katharine Drexel, virgin

Saturday 4th Deuteronomy 26: 16-19

Psalm 119: 1-2, 4-5, 7-8

Matthew 5: 43-48

St. Casimir

*"If you are the Son of God, order these
stones to turn into bread."*

**WHAT THE 1ST READING
SAYS TO ME:**

Who am I? Who am I supposed to be? I am dust but also related to God. Inspired by God, the sacred writer uses a beautiful allegory to teach us about the reality of temptation and sin in our lives. Notice the woman playing with temptation! The proposal is pleasing to her eyes! After some hesitation, the consent follows. Then the eyes of the man and woman are opened. Too late of course! You and I could do the same! The Responsorial Psalm is an act of contrition.

**WHAT THE 2ND READING
SAYS TO ME:**

Paul draws up an analogy between the Adam of Genesis and Jesus Christ, "the man to come." Adam began a history of fallen humanity, marked by sin and death. Jesus Christ began a new history of humanity, marked by forgiveness of sin and life everlasting. Fallen human beings can pray hopefully. "Give me back the joy of your salvation" since Jesus Christ atoned for our sins by his obedience even to the death on a cross.

**WHAT THE GOSPEL SAYS TO
ME:**

Pondering the words of Jesus in his heart, Matthew meditates on the meaning of three typical temptations that constantly threaten Christianity: (1) God may not be used for one's own gain or profit (turning stones into bread); (2) faith has nothing to do with the spectacular ("throw yourself down"); and (3) religion may not be mixed up with political power (kingdoms displayed in their magnificence). Jesus answers with three quotations from Scripture. He will be faithful to his calling and not be swayed by these temptations. We who are the Church of this age and prone to these same temptations should keep in mind our Lord's example.

KNOW YOUR CHURCH

Ican City February 20th, 2023

Lay people are not "guests" in the Catholic Church and priests are not the "bosses," Pope Francis said; rather all the baptized belong and share responsibility for its life and mission. To fulfill its mission, the church must "overcome autonomous ways of acting or parallel tracks that never meet: clergy separated from laity," or the "Roman Curia separated from particular churches" or movements separated from parishes, he said. The path God is indicating for the church is precisely that of living more intensely and concretely the path of communion and walking together," Francis said Feb. 18 as he closed a three-day conference sponsored by the Dicastery for Laity, the Family and Life.

The meeting brought together more than 200 participants -- lay people, priests and bishops -- from 74 countries to talk about the theological basis of co-responsibility in the church and practical steps to overcome the challenges to making it a reality.

Creating silos or divisions in the church is "the most serious temptation" Catholics face today, Francis told the group. "There is still a long way to go for the church to live as a body, as a true people, united by the one faith in Christ the savior, animated by the same sanctifying Spirit and oriented to the same mission of proclaiming the merciful love of God the Father."

The aim of the conference and of the whole process of the Synod of Bishops on synodality, he said, is to remind all the baptized that they are called to be missionary disciples and that the only way to be effective is to be united and to recognize and share the gifts and talents of all. Co-responsibility, he said, "is not learned theoretically; it is understood by living it." When clergy and laity are focused on sharing the Gospel and helping the poor, they naturally draw closer to another and the "complementarity" of their different gifts become obvious, he said. From the beginning of his pontificate 10 years ago, the pope told the conference participants, "I said that I dream of a missionary church."

BUS SERVICES: Parishioners who are in need of transportation to the weekend Masses on Saturday evening, 7 am and 9 am, are asked to call the Pastoral Centre register to your details.

Parishioners are invited to a four evening of Lenten Mission by way of studying the Pastoral Exhortation Letter - 'A Call to Missionary Discipleship', written and commissioned by Bishop Robert Llanos from March 13th to 16th at Holy Family Cathedral from 7:00 pm to 8:30 pm. Please make a special effort to attend.

UNEMPLOYED YOUTH and YOUNG ADULTS: If you are unemployed or know of other persons seeking employment, you are invited to register at the St. Lwanga Youth Center. Call 780-9688 or send an email to stlwangayouth22@gmail.com.



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