



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ email [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560 2693 ♦ 461-1127  
*"The Messianic Banquet"*

**18th SUNDAY IN ORDINARY TIME - 6th AUGUST, 2023 - A**

## THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



## PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the  
Shut-Ins and the Elderly, is  
ongoing.  
HOME - for the Elderly -**

Donations to support these programs  
are welcome. Please write to the  
Administrator, Holy Family Cathedral  
P. O. Box 16 or Michael's Mount, St.  
John's, Antigua.

## LAST WEEK'S COLLECTION 30th July, 2023

	1st	2nd
Cathedral Saturday	\$ 797.65	\$ 356.85
Sunday 7:00am	\$ 2,261.16	\$ 477.95
9:00 am	\$ 2,417.78	\$ 515.89
Parham	\$ 730.00	\$ 155.00
Potters 11:00 am	\$ 573.20	\$ 157.35
Villa 11:00 am	\$ 738.60	\$ 130.34
Donovans	\$ 165.92	\$ 111.00
Diocesan Schools	\$ 165.00	

Thank you for your generosity

During the second collection,  
Parishioners are asked to nominate  
one person who you think can  
represent the parish's interest on the  
Parish Council.

\*\*\*\*\*  
**Please note that** since Monday is a  
holiday, the Mass will be at 8:00 am.  
On Tuesday the Mass will remain at  
6:15 am. There will be no Mass in  
Potters on Tuesday.

\*\*\*\*\*  
Since the 15th August is the  
Solemnity of the Assumption of Our  
Lady, Mass at the Cathedral will be at  
6:00 pm celebrated by the bishop, and  
Potters at 6:00 pm. All are invited to  
attend.

\*\*\*\*\*  
**The Marriage and Family Ministry  
will be organizing the following  
events:**

The panel discussion for married or  
engaged couples will be held on  
August 25th. Time and venue to be  
confirmed. The Marriage Enrichment  
Weekend will be held from October 6  
-8, 2023. The cost of the Marriage  
Weekend will be approximately US  
\$550.00 per couple. Monthly  
payment plans are available to  
interested couples.

\*\*\*\*\*  
**In keeping with the Synodal theme**  
Communion, Participation and  
Mission, parishioners will be invited  
to nominate persons who they wish to  
serve on the Parish Council. The  
nominations at each weekend Mass  
will be held on the 1st weekend in  
August and voting for the nominees  
on the 3rd weekend in August. All are  
asked to participate in this  
participatory process.

## SJA NOTICES

There is a vacancy at St. Joseph's  
Academy to teach **Mathematics**  
**Chemistry** and **Integrated Science** at  
the CSEC Level.

Suitably qualified applicants may apply  
as soon as possible to the Principal, St.  
Joseph's Academy P.O. Box 234 or by  
email:  
[sjaantigu@gmail.com](mailto:sjaantigu@gmail.com) or drop off a  
hard copy to the school's office.

\*\*\*\*\*  
**There is a vacancy at St. John's  
Catholic Primary School** for the  
position of Principal. The Board  
therefore invites applications from  
suitably qualified individuals to fill the  
position commencing the new  
Academic Year, September 2023.

Suitably qualified individuals are  
invited to send their applications with  
supporting documentation to the  
attention of the Chairman of the Board,  
St. John's Catholic Primary School via  
email [stancelroberts@gmail.com](mailto:stancelroberts@gmail.com) on or  
before Monday 21st August 2023 or  
call 464-7138 to arrange for drop-off of  
applications. Deadline for submission  
is Monday 21st August 2023.

\*\*\*\*\*  
**Save The Date.**

The Society of St. Vincent de Paul  
invites you to its Gala Dinner  
scheduled to be held on Friday,  
September 22, 2023 at the Royalton  
Resort. Contribution - \$200.00  
Tickets will soon be available.

\*\*\*\*\*  
**REGISTRATION FOR NEW  
GROUPS is now OPEN** and ends on  
September 15th 2023. Please register  
at the Parish Office or  
email [catechetics@hfc@gmail.com](mailto:catechetics@hfc@gmail.com) to  
receive the link. First Communion -  
children born in 2015; Confirmation -  
young people born in 2010 or before;  
Pre-Communion for children born in  
2016 who attend non-Catholic schools.  
Baptismal information is required.



## The Prayer of the Synod: Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

\*\*\*\*\*

## Prayer During Hurricane Season

O Heavenly Father, all the elements of nature obey Your commands, including hurricanes. Calm the storms that threaten us and turn our fear of Your power into praise of Your goodness. Grant this through Our Lord Jesus Christ, Your Son, who lives and reigns with the Holy Spirit, one God forever and ever. Amen.

**The 40 day Mass for the late Mary 'Marie' Makhoul** will be held on Thursday 10<sup>th</sup> August at 6:00 pm at Holy Family Cathedral.

\*\*\*\*\*

Christ the King High School is celebrating in September this year, 90 years of solid Catholic education and human formation. While plans are afoot for a fitting celebration in the course of the academic year, volunteers and sponsors are needed. If you would like to volunteer or to offer sponsorship, kindly contact Fr Pierre (268 778-8232), or the Principal (268-462-0570 or at [christtheking268@gmail.com](mailto:christtheking268@gmail.com)) or any member of the Board through the Office of the Bishop 268 4611135

\*\*\*\*\*

**Preparation for the Christmas Dinner** is already in progress. The committee has already secured 4 pigs, by way of donation, but will be in need of 10 pigs. Anyone willing to donate a pig can get in touch with Fr. George. This Christmas dinner is expected to be exceptional, so tickets will be on sale for **\$50.00** as of the month of August. Please note that there will be no ticket sale on the night of the dinner. Due to past experience we can only manage comfortably 700 patrons at the dinner. So please book your tickets early to avoid unavailability of tickets on the night of the dinner.

\*\*\*\*\*

**Parishioners are informed that** due to a shortage of priests who are currently on vacation, there will be Communion services in most of the outstations on Sundays. Thank you

## PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina -Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, John Willock, Arnold Gomes, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Patrick Skerritt.



**This Sunday's Readings**  
**6th August, 2023**

**First Reading: Daniel 7: 9-10, 13-14**

**Responsorial Psalm: The Lord is king,  
the most high over all the Earth.**

**Second Reading: 2 Peter 1: 16-19**

**Gospel: Matthew 17: 1-9**

**Readings for Monday to Saturday**

**Monday 7th Numbers 11: 4-15**

**Psalm 81: 12-17**

**Matthew 14: 13-21**

*St. Sixtus II, pope & martyr / St.  
Cajetan, priest.*

**Tuesday 8th Numbers 12: 1-13\***

**Psalm 51: 3-7, 12-13**

**Matthew 14: 22-36**

*St. Dominic, priest*

**Wednesday 9th Numbers 13: 1-2, 25-14:**

**1, 26-29, 34 -35**

**Psalm 106: 6-7, 13-14, 21-22, 23**

**Matthew 15:21-28**

*St. Teresa Benedicta of the Cross, Virgin  
& martyr*

**Thursday 10th 2 Corinthians 9: 6-10**

**Psalm 112: 1-2, 5-9**

**John 12: 24-26**

*St. Lawrence Deacon & Martyr*

**Friday 11th Deuteronomy 4:32-40**

**Psalm 77: 12-16 & 21**

**Matthew 16: 24-28**

*St. Clare, virgin*

**Saturday 12th Deuteronomy 6: 4-13**

**Psalm 18: 2-4, 47 & 51**

**Matthew 17: 14-20**

*Blessed Virgin Mary / St. Jane Frances \  
de Chantal, religious*

**WHAT THE 1ST READING SAYS  
TO ME.**

The prophet known only as Second Isaiah addresses the captives in Babylonian exile. He gives them hope by referring to the eschatological banquet, i.e., the banquet of the end-time, when God's kingdom on earth (a kingdom of peace and prosperity for all Hebrews) will be established with an ideal messiah to rule over them in the name of God. Then God will make a new and everlasting covenant (partnership) with his people.

Participation in the bliss of God's kingdom is a free gift of God granted to all on the sole condition that they thirst for God. The Church sees this oracle fulfilled in the reign of God which was initiated in this world by the Lord Jesus and will be fully accomplished in the world to come. As such, we should read it meditatively.

**WHAT THE SECOND READING  
SAYS TO ME**

In rhetorical language, Paul brings out that we should have a firm hope of participating in the bliss of God's promise, the messianic banquet, as we have meditated upon in the first reading. We may be depressed and have to go through times of confusion, but nothing can separate a believing Christian from the love of God that comes to us in Christ Jesus.

**WHAT THE GOSPEL SAYS TO  
ME**

Matthew sees this episode as taking place in a crucial time in Jesus' life. John the Baptist had been thrown into prison. Is it possible that Jesus felt called upon to take John's place to proclaim the Good News of the kingdom at hand? He initiated his ministry with the same message as John's "Repent, for the kingdom of heaven is at hand!" (Mt 3:1) Ultimately, John the Baptist was put to death. "When Jesus heard of the death of John the Baptist, he withdrew in a boat to a deserted place." Did Jesus see his own impending death in the beheading of John? To continue his mission was to risk death. Yet Jesus took this risk!

**KNOW YOUR CHURCH**

By Diego Lopez Marina

From Lisbon, Portugal, Pope Francis on Wednesday reflected on the urgency of taking up again "the prayer of adoration" before the tabernacle to recover "the taste and passion for evangelization" in a message addressed to bishops, priests, deacons, consecrated women religious, and seminarians.

"I would like to ask a question here, but each one should answer it interiorly. How do I pray? Like a parrot — blah blah blah blah? Or taking a nap in front of the tabernacle because I don't know how to talk to the Lord? I pray? How do I pray? Only in adoration, only before the Lord can the taste and passion for evangelization be recovered," the pontiff said during his Aug. 2 homily for vespers at the Jerónimos Monastery.

After noting that "to trust every day in the Lord and in his word, words are not enough" but rather "a lot of prayer is needed," he pointed out to the approximately 1,100 attendees that the Church has abandoned prayer in front of the Blessed Sacrament.

"Curiously, the prayer of adoration — we have lost it. We have lost it, and everyone — priests, bishops, consecrated men and women, laypeople — have to recover it. It's to be in silence, before the Lord," Francis urged.

In this context, the pope invited his listeners to follow the example of St. Teresa of Calcutta, who, despite being "involved in so many things in life, never gave up adoration even at times when her faith wavered and she wondered if it was all true or not."

"So, in prayer the temptation to carry out a pastoral ministry of nostalgia and complaining is overcome," he added.

To further exemplify the need to redirect our gaze to Eucharistic adoration, the pontiff recalled the anecdote of a nun who "complained about everything" in her convent.

***"This is my Son, the Beloved,  
my Chosen One. Listen to  
him."***







Restaurant and fresh pita bread  
Popeshead street  
562 6885 - 562 4136

**Signs AND Impressions**

**The QUICK Printing Specialist**  
**(268)562-4839 EXT#81**

**bss**  
business systems & supplies  
Office Equipment & Supplies

• Printers  
• Copiers  
• Furniture  
**(268)562-4839**

**FOOD BROKERAGE SERVICES LTD.**

Visit any of our three locations  
SOUTH STREET: 480-2000  
FRIARS HILL ROAD: 480-2017  
For the best, shop at F.B.S

**EXOTIC ANTIGUA**

NEW ARRIVALS NOW IN STOCK ALL YOUR FAV  
BRANDS UNDER ONE ROOF AFFORDABLE PRICES  
GREAT BARGAINS BEST CUSTOMER SERVICE AND  
FABULOUS FASHIONS -  
REDCLIFFE QUAY TEL: 562-1288.

Call #726-3412



“Download our App today from the Apple or Goggle Play Store  
for easy and convenient ordering.  
Eat and Earn Loyalty points via our App”.

**SPACE AVAILABLE**

**Harney**  
Motors Ltd.



462-1062

**Ace**  
Enterprises Ltd.



462-1289

**TOWNHOUSE**  
**MEGA STORE**

**SPACE AVAILABLE**

**THE LAND SHOP**  
**HAS**  
**NEW ARRIVALS/DISCOUNTS**  
And lots more  
TEL: 462-0746

**Lolita's Dream Home**

Village Walk  
Now offering Fresh Flowers  
For all occasions  
Tel: 460-4663

**FOR ALL YOUR TRAVEL NEEDS AND GROUPS**  
**CONTACT**

**CARIB WORLD TRAVEL**  
Tel: 480-2999 Ext 2981  
E-mail: [info@carib-world.com](mailto:info@carib-world.com)

**BELLE VUE HEIGHTS**  
**SERVICE STATION**  
P O Box 420, All Saints Road  
Tel: 463-3938

**WATSON'S DRINK DEPOT & PARTY SNACKS**  
**TYRE MAXX / TYRE SPECIALISTS "NEW & USED"**



**SPACE AVAILABLE**

**SHOUL'S TOYS**  
**GIFTS &**  
**HOUSEWARES**

**ANTIGUA'S FAMILY**  
**STORE**  
**NEWGATES STREET**

Opening Hours -  
Mon to Sat 8:30am to 5:00pm

**SPACE AVAILABLE**

**JOHN F. SHOUL**

**HOUSEHOLD FURNISHINGS**  
**& ACCESSORIES**

**"CLOTHING FOR THE ENTIRE**  
**FAMILY"**

Mon to Sat 8:30am - 5:00pm

**SHOUL'S CHIEF STORE**

Market & St. Mary's Streets

1-268-462-1139/1140

**WE KEEP GETTING**  
**BETTER EVERYDAY**