



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans

P.O. Box 16, St. John's Antigua ♦ email [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560 2693 ♦ 461-1127

*"Racing To Grasp The Prize"*

5th SUNDAY OF LENT – 3rd APRIL, 2022 - C



## PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

**FEEDING PROGRAM - for the Shut-  
Ins and the Elderly, is ongoing.**

**HOME - for the Elderly -**

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

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**LENT**

**Holy Family Cathedral Book Store Is  
now located in the Pastoral Centre.**

**For Lent the Book Store will have on sale  
or from Gilbert Laudat the following:**

**HOLY WEEK BOOKLETS \$5.00**

Prayers of Power I ....\$25.00

Prayers of Power II .....\$25.00

Prayers of Power III ... \$30.00

Bible Diaries ....\$70.00

Mary Medals ..... \$5.00

Bracelets .....\$5.00

**Items for \$1.00 & \$2.00 will also be on  
SALE**

**Parishioners are advised that**  
Sunday 3rd April is the Marian  
Devotion at the Lady of Lourdes  
Shrine from 5:00pm.

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**The Chrism Mass will be held on**  
Tuesday 5th April, 2022 at Holy  
Family Cathedral at **6:00 pm.**

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**After Stations of the Cross** on  
Friday 8th April, 2022 there will be  
Drinks, Fish, Saltfish Cakes and  
Bakes on sale.

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**The Festival of Reconciliation** will  
be held on Saturday 9th April, 2022  
from 9:00 am to 12:00 noon on Holy  
Family Cathedral grounds.

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**Parishioners who are interested in**  
attending the installation of  
Metropolitan Archbishop elect  
Gabriel Malzaire in St. Lucia on  
April 24th are invited to register at  
the Pastoral Centre as soon as  
possible. Accommodation will be  
provided.

\*\*\*\*\*

**Christ the King High School** is  
accepting applications for the 2022/  
2023 Academic year. Interested  
persons may collect an Application  
form from the school's office  
or send an email request  
to [ckhs1933@outlook.com](mailto:ckhs1933@outlook.com).  
Application deadline is Friday 13th  
May, 2022.

Entrance Exam is Saturday 14th  
May, 2022.

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### **Volunteers Needed: Shelter Management Team**

Calling all leaders, volunteers,  
management enthusiasts, and  
passionate Catholics! After months  
of hard work and dedication from our  
wonderful workmen, team and  
volunteers, the St. Francis of Assisi

Catholic Church in Villa is now in the  
final stages to become a resilient shelter  
to withstand hurricanes, earthquakes,  
and floods. Additionally, the Good  
Shepherd Home For Girls is now in the  
final stages of being upgraded to the  
Roman Catholic Diocesan Home for the  
Elderly. It is a new day, an exciting and  
blessed time in our Catholic Church  
Community. We will be sharing more  
updates as we get closer to launching  
and dedicating both buildings. During  
the next few weeks, you will learn about  
various activities where you will be able  
to offer support. As we seek to offer the  
best shelter experience in Antigua, we  
will be formally establishing a Shelter  
Management Team that will be  
responsible for managing the church  
shelter and its resources. We are looking  
for extraordinary, zealous, and talented  
members of Holy Family Cathedral and  
the Villa Community to serve as  
volunteers in the following esteemed  
roles:

1) Registrar: to enroll new persons who  
seek shelter and perform any orientation  
services required.

2) Security Personnel & Handymen

3) Nurses and Health Officers

4) Secretary & Records Keeper: to  
maintain all shelter records and deal  
with any administrative work including  
writing letters, scheduling shifts, and  
managing and monitoring shelter  
resources.

5) A Cook and Kitchen Staff

6) Shelter Volunteers for maintenance,  
up-keep and support.

These key personnel may at times be  
called upon to offer assistance, when  
needed, in the Diocesan Home for the  
Elderly. Currently Mrs. Evelyn Stevens,  
Mrs. Theolinda Brookes, and Mr.  
Gilbert Laudat are Managers in the  
Shelter Management Team as they have  
all received extensive training on Shelter  
Management through the National  
Office of Disaster Services (NODS).

If you are interested in volunteering  
your services in any of these positions,  
please contact Mrs. Theolinda Brookes  
at (268)721-4863, Mrs. Evelyn Stevens  
at (268)775-2139 or Mr. Gilbert Laudat  
at (268)788-5173. We look forward to  
working with you.

## LAST WEEK'S COLLECTION

27th March, 2022

	1st	2nd
Cathedral Saturday	\$1,558.85	\$ 567.69
Cathedral Sunday		
7:00 am	\$2,889.24	\$ 355.74
9:00 am	\$2,087.68	\$ 441.25
Parham	\$ 495.00	\$ xxx
Potters 11:00 am	\$ 544.80	\$ 213.34
Villa 11:00 am	\$1,081.25	\$ 245.00
Hispanic	\$ 384.95	\$ xxx
Diocesan Schools	\$ 177.00	

**Thank you for your generosity**



## The Prayer of the Synod: Adsumus Sancte Spiritus

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

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## MARRIAGE & FAMILY MINISTRY

Couples planning to get married in the Catholic Church can pick up a registration form at the Pastoral Centre - Michael's Mount and at Tyrell's Parish Office.

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**Catholic Radio App:** Do you know you can listen to Catholic Radio on your smart phone? Download the radio app from your PlayStore – Catholic Radio 89.7 FM.

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**World Youth Day - August 1 – 6, 2023** will be in Lisbon, Portugal. Interested young adults, 19 years and older, are invited to register their interest. the Youth Office at 780-9688 or email: [hfcyouth20@gmail.com](mailto:hfcyouth20@gmail.com)

## Holy Week Mass Times

Saturday 9th April .....6:00pm

**Palm Sunday**

10th April.....7:00 am (no procession)  
9:00 am

**Holy Thursday**

14th April .... 7:00 pm

**Good Friday**

15th April .....3:00pm (no Stations of the Cross)

**Holy Saturday**

16th April .....8:00 pm

**Easter Sunday**

17th April ....7:00 am  
9:00 am

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## DIOCESAN YOUTH CENTRE

### After School Care Programme:

We offer a safe place, with homework assistance and extra-curricular activities for your primary school children. Call for more information. Telephone 780-9688.

The Centre is still in need of the following and we welcome your donation and thank you in advance:

One 3 seat sofa for the activity room, one 2 seat sofa for the counselling room, One 4 drawers filing cabinet, 1 desk top computer, 1 30 inch stove, 1 40 inch smart TV, 2 fire extinguishers and one person to commit to the installation and monthly monitoring expense of a security system.

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**Altar Servers Needed:** Parents are asked to encourage the children who have made their First Communion to consider joining the Altar Servers' Ministry. Please call the Parish Office at 560-2693.

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**Parishioners are encouraged to assist** with the International Food Extravaganza to take place on HFC grounds Pentecost Sunday after Mass. Persons of different nationalities who are interested in contributing to the event are asked to give your names or call Mr. Gilbert Laudat at 720-2431 or Mrs. Shyka Hannays at 782-0753.

## PRAYER FOR THE SICK & SHUT-INS :

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Above all, grant us the grace to acknowledge your will and know that whatever you do, you do for the love of us. Amen.

Phyllis Mayers, Shawn Phillip, Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Margaret Ryan, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Ruth Shannon, Shanla Carr, John Willock, Arnold Gomes, Patrick Skerritt, Ada-Mae Johnson, Marion Warren, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Natalie Massicott, Claire Williams, Justin Joseph, Carmen Ambrose, Catherine Ambrose, Theresa Matthew, Tyler Lockhart., Joan Underwood.

**PS... Please inform the Parish Office of phone contacts for this list of sick and shut-ins.**

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**Fr. Louie Lapus SVD, 83, died at 1.50 am on the morning of March 30th at UST Hospital. Please pray for him. May his soul Rest In Peace.**

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**Volunteers are needed to assist** with preparing daily meals for the less fortunate among us at the new home in Villa to be fully functional in May this year. Those interested are kindly asked to give your name at the Pastoral Centre.

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**The Mount Tabor Retreat Centre** is now open and ready to host all groups and individuals. Retreats will be held every weekend. For those who wish to attend the cost is \$25.00 per person. Contact Sr. Stephany Owah at 776-4048 or Mrs. Janice Anton at 728-7735.

**This Sunday's Readings**  
**3rd April, 2022**

**First Reading: Isaiah 43: 16-21**

**Responsorial Psalm: *The Lord has done great things for us; we are filled with joy.***

**Second Reading: Philippians 3: 8-14**

**Gospel: John 8: 1- 11**

**Readings for Monday to Saturday**

**Monday 4th Daniel 13: 1-9, 15-17,19-30,33-62**

**Psalm 23: 1 - 6**

**John 8: 12-20**

*St. Isidore of Seville, bishop*

**Tuesday 5th Numbers 21:4-9**

**Psalm 102: 2,3,16 - 21**

**John 8: 21-30**

*St. Vincent Ferrer, priest*

**Wednesday 6th Daniel 3: 14, 20,91,92,95**

**Daniel 3: 52 - 56**

**John 8: 31-42**

**Thursday 7th Genesis 17: 3-9**

**Psalm 105: 4-9**

**John 8:51-59**

*St. John Baptist de La Salle, priest*

**Friday 8th Jeremiah 20: 10 -13**

**Psalm 18: 2 -7**

**John 10: 31- 42**

**Saturday 9th April Ezekiel 37: 21-28**

**Jeremiah 31: 10 - 13**

**John 11: 45-56**

**WHAT THE 1ST READING SAYS TO ME**

**The exiles in Babylon were depressed,** as only displaced persons with no hope of ever returning home could be. They dreamed about the past, "the good old days" of the Exodus from bondage in Egypt, for in their eyes God was really with his people at that time! The prophet warns against this kind of useless daydreaming. "Remember not the events of the past, the things of long ago consider not." Have faith in the future! "See, I (God) am doing something new!" Life can be depressing. It can even be our own fault that we are in a mess. Are we then to take refuge in the remedies for depression recommended by television commercials— or even turn to the escapisms of alcohol and dope? Try to heed this Bible message! And if your faith is weak, ask God to strengthen it. "Those that sow in tears shall reap rejoicing."

**WHAT THE 2ND READING SAYS TO ME:**

With an unshakable faith in Christ, Paul is full of optimism for the future. Born and raised in a city, he has watched the games, the races, and the fights in the amphitheater. He can thus equate life with a race course: "I continue my pursuit in hope that I may possess (the prize)." And what is the basis for his optimism? "I have...been taken possession of by Christ." Pray for faith in Jesus Christ and you will have the imagination and courage to push on "to what lies ahead" no matter what comes.

**WHAT THE GOSPEL SAYS TO ME:**

From the outset in this reading, it is clear that the Pharisees who bring the adulteress to Jesus are not honest. Jesus simply bends down and starts tracing on the ground with his finger, indicating that he is not interested in their hypocritical nonsense, very much as we doodle when bored! Finally, they leave. And an unhappy woman who had faced death regains hope by meeting a good person. God's word to us through this tradition could be: with regard to the past, God is merciful. With faith in him work for a happy future!

***KNOW YOUR CHURCH***

When you give material help to someone in need, do not be afraid to get close and to look the person in the eyes, Pope Francis said on Saturday. "This is one of the ugliest things: A Christian who is 'on the balcony,'" the pope said on March 26. "Do not remain at the balcony, do not observe with detachment, but approach, bend down, touch with your hand. Touching with our hands humanizes us." Pope Francis spoke about almsgiving and closeness to humanity in a meeting with members of the religious institute Daughters of Our Lady of the Garden. He told the religious sisters that when he hears confessions, he likes to ask the penitent if they give to the poor. When the person answers that he or she gives to charity, he said he likes to follow-up with the question, "when you give alms, do you touch the hand of the person asking, do you look them in the eyes?" "If you are able to touch, to look in the eyes, it is beautiful like that," Francis explained, adding that it is important not to "balconize" one's self, remaining aloof and indifferent, but to approach people and care for them in their humanity. "Every time we approach a person with charity, with love, we restore his dignity. The dignity of Christ, who comes with our gesture of charity," he said.

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The funeral Mass for Mrs. Heselyn Whyte will be held on Monday 11th April at 2:00pm at Holy Family Cathedral. May her soul Rest In Peace.



\*\*\*\*\*

Good Friday Movie Night on the Lawn in the Upper Car Park on the Cathedral grounds. You can walk in or drive in. More details will be given next week.

*"Neither do I condemn you; go away and don't sin again."*







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BETTER EVERYDAY**