



# Holy Family Cathedral Parish

Holy Family Cathedral  
Michael's Mount

St. Martin de Porres  
Parham

St. Anthony's  
Potters

St. Francis of Assisi  
Villa

Good Samaritan  
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - [hfc.antigua@gmail.com](mailto:hfc.antigua@gmail.com) ♦ Phone 268 560-2693 ♦ 268 461-1127

*"There is Salvation in the Name of Jesus Christ"*

**4th SUNDAY OF EASTER — GOOD SHEPERD SUNDAY- 21st APRIL, 2024 - B**

## THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



### PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

#### FEEDING PROGRAM - for the Shut-Ins and the Elderly, is ongoing-

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

#### LAST WEEK'S COLLECTION 14th April, 2024

	1st	2nd
Cathedral Saturday	\$ 1,956.34	\$ 788.00
Sunday 7:00 am	\$ 1,228.19	\$ 315.32
9:00 am	\$ 2,750.92	\$ 666.91
Potters	\$ 652.00	\$ 207.34
Parham	\$ 830.70	\$ 317.00
Villa	\$ 774.00	\$ 240.90
Donovans	\$ 213.00	\$ 127.25
Diocesan Schools	\$ 95.00	

Thank you for your generosity

Parishioners are advised that there are 9 more Bible Diaries available for sale at the cost of \$60.00.

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**BIBLE STUDY:** The next session with Fr. Jean Paul and Fr. Wacuma will commence on Wednesday April 24th from 6:45 p.m. to 8:00 p.m. in the Pastoral Centre.

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**All Members of the Parish Council** are kindly asked to attend a meeting on Thursday 25th April, 2024 at 5:30pm in the Pastoral Centre.

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#### CONFIRMATION RETREAT WEEKEND

We pray for the 28 young people who will be confirmed in June. From April 26th - 28th these young people will be on retreat at Mt. Tabor Retreat Centre. We pray that the Holy Spirit will truly transform their lives to be true witnesses for Christ. Please keep them in your daily prayers.

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**Couples for Christ Ministries** will host a Take Away Breakfast & Yard Sale on Saturday April 27th, 2024 on the grounds of Holy Family Cathedral from 7:30am. Proceeds are in aid of delegates to Couples for Christ Caribbean Conference to be held in St. Martin in July. Please Support.

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**Parishioners are invited to join us** at Pleasure Cove Beach - Runaway on Pentecost Monday from 11:00 am. Tickets will be available at \$20 for chicken, pork or fish lunch. Proceeds are in aid of assisting the Missionaries of the Poor Brothers who will be assisting at the St. Francis Home for the Homeless. Please support.

**WELCOME:** We welcome Sisters Roxanne and Lucila from Grenada of the Franciscan Sisters of the Sorrowful Mother, Matthew Hall and Maxizine Howell-Paul from Trinidad and Tobago, Mya Lake and Jessica Okpaogu-Igbokwe from Anguilla. They will be part of the Retreat Team this weekend at Mt. Tabor.

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**Christ the King High School** is now accepting applications for the 2024-2025 academic year. Please collect the application form from the school's office or send an email request to [ckhs1933@outlook.com](mailto:ckhs1933@outlook.com).

Application Deadline is Wednesday 15th May, 2024.

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#### PENTECEOST SUNDAY

Mass will be celebrated at Holy Family Cathedral Sunday 19th May at 9am. Holy Family Cathedral Parish presents **PENTECOST SUNDAY with a difference**. There will be Entertainment, Food and Fun after Mass at 11:00 am in the upper car park of the Cathedral grounds.

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#### St Joseph's Academy's Entrance Exam & Interviews

Application Forms for students wishing to enter **Forms 1 – 4** are now available at the school's office. Office hours are from 8:00 am – 2:00 pm. The final date for submitting applications for **Form 1** students is **Thursday, May 9**.

The exam for students wishing to enter **Form 1** will be held on **Saturday, May 11**, beginning at 8:00 am.

Interviews for students wishing to enter **Forms 2 – 4** will begin on **Monday, June 10, 2024**



**Lectio Divina**

**The Prayer of the Synod  
Adsumus Sancte Spiritus**

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

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**PRAYER FOR THE SICK & SHUT-INS :**

**Dear Jesus, Divine Physician and Healer of the sick,** we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Patrick Skerritt, Victor Charles, Junie Browne, Cheralyn Beazer .

**READ:** Jesus identified himself as the good shepherd. He described the good shepherd as a person who gives his life for the sheep. Jesus compared the good shepherd with the hired hand. The hired hand works for pay, does not care for the sheep, and would not protect the sheep from the wolf. The good shepherd knows his sheep and lays his life for them. Jesus also mentioned the other sheep outside such particular sheepfold. Jesus said that eventually there will be one flock under one shepherd. Jesus, being loved by the Father, emphasized the fact that no one could take his life from him but would lay it down freely.

**REFLECT:** Whenever we would reflect on the passion and death of Jesus, we normally think of a Jesus who was cornered by his enemies and helplessly killed in shame. However, John's Gospel depicts that Jesus was never stripped of his glory and dignity even during his passion and death. In today's Gospel, Jesus said it clearly - that no one could take his life away, that he laid it down freely. Therefore, it was a decision made by Jesus. He chose us, laying down his life. Can we also do something good—not because we have already run out of choices but because we know that it is the right thing to do?

**PRAY:** Let us pray for guidance that we may be decisive to do what is right.

**ACT:** Let us now decisively change from a consumeristic to a simpler lifestyle.

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**The Hundred Acres School of Shotokan Arts** - Almonds Place Upper Gambles will host a BINGO on Friday 10th May, 2024 from 6:00pm. Proceeds are in aid of sending the young people to the Championship meet in Guyana. For further information please call 461-1587 or 732-7283.

**St. John's Catholic Primary School** is pleased to announce that registration is open for the period of March 15<sup>th</sup> to May 15<sup>th</sup> 2024. We are accepting preschool and primary school students, ages two and a half to eleven years old. Application forms can be collected from the school's office from 8am – 12pm daily, or can be emailed to you. To receive the form via email, please send a request email to [sjcpsprimary@gmail.com](mailto:sjcpsprimary@gmail.com), **Subject – Preschool Application Form or Primary School Application Form.**

To complete the application process, you will need copies of your child's:

- Birth certificate
- Baptismal certificate where applicable
- Health and immunization card
- Recent school report or transcript
- A passport size picture
- \$120 registration fee
- Completed application form

We are looking forward to welcoming you to our SJCPs family.

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**YOUTH LEADERSHIP TRAINING for Young Adults & Adults:**

Are you interested in being trained for the Youth Leadership Ministry? You are invited to register for the ONE Day Workshop to be held on April 25th from 10:00 a.m. - 4:00 p.m. at the St. Lwanga Youth Center. some of the areas to be covered in the training are:

- The Framework of Youth ministry
- Understanding the role of the Youth Minister
- A basic overview of the Myers - Briggs Typology Indicator (understanding your personality)
- Effective planning and preparation for Youth Ministry Activities

**Please register** your interest by sending an email to [catecheticshfc@gmail.com](mailto:catecheticshfc@gmail.com) or whatsapp 773-6833. Or use the registration link. <https://forms.gle/AqwcfQ4NcRtHY53k9>  
Final Registration date April 18th, 2024.

**This Sunday's Readings**  
**21st April, 2024**

**First Reading: Acts 4: 8-12**

**Responsorial Psalm: The stone rejected by the builders has become the cornerstone.**

**Second Reading: 1 John 3: 1-2**

**Gospel: John 10: 11-18**

**Readings for Monday to Saturday**

**Monday 22nd April**

**Acts 11: 1-18**

**Psalm 42: 2-3; 43: 3-4**

**John 10: 1-10**

**Tuesday 23rd April**

**Acts 11: 19-26**

**Psalm 87: 1-7**

**John 10: 22-30**

*St. George, Martyr*

*St. Adalbert, bishop & martyr*

**Wednesday 24th April**

**Acts 12: 24-13: 5**

**Psalm 67: 2,3, 5, 6, 8**

**John 12: 44-50**

*St. Fidelis of Sigmaringen, priest & martyr*

**Thursday 25th April**

**1 Peter 5: 5-14**

**Psalm 89: 2-3, 6-7, 16-17**

**Mark 16:15-20**

*Feast of St. Mark, Evangelist*

**Friday 26th April**

**Acts 13: 26-33**

**Psalm 2: 6 -11**

**John 14: 1-6**

**Saturday 27th April**

**Acts 13: 44-52**

**Psalm 98: 1-4**

**John 14: 7-14**

**WHAT THE FIRST READING SAYS TO ME**

In this reading, pay attention to the affinity between the sign (the crippled man restored to health-"saved") and what is signified (all human beings "saved" in the name of Jesus). In other words, the saved man is a sign of all of us saved in the name of Jesus. Israel has rejected him. But there is no salvation in anyone else!

The Responsorial Psalm states the same: "It is better to take refuge in the Lord than to trust in man." Where do you turn in times of depression or when you are "crippled" because things do not go your way?

**WHAT THE SECOND READING SAYS TO ME**

In faith, following Jesus of Nazareth, we see the ultimate reality as a person, and are privileged to call him "Father." The author of John uses similar language. If God can be called "Father," then we are his children and feel safe, because we are taken care of.

A living relationship of child-Father may save us from ourselves when all around us seems absurdity. The key to such a living relationship with God our Father is to keep in touch with him by prayerful Bible reading.

**WHAT THE GOSPEL SAYS TO ME**

This reading brings out the idea of salvation with another sign or image, namely, that of the shepherd tending his flock. As suggested in the First Reading, do not turn somewhere else, to a hired hand, who lets you down when you need help most.

The Lord Jesus knows you and is concerned. He laid down his life for you. Turn to him in prayer and meditative encounter in your Bible and you will find peace of mind.

**KNOW YOUR CHURCH**

Vatican City — April 17, 2024

The pope and the nine-member Council of Cardinals invited women, including an Anglican bishop, to make presentations at their meetings in December and in February as well. The council met April 15-16 in the Domus Sanctae Marthae, the pope's residence, the Vatican press office said. On the first day, Sister Regina da Costa Pedro, a member of the Missionary Sisters of the Immaculate and director of the Pontifical Mission Societies of Brazil, shared "concrete stories and the thoughts of some Brazilian women," the press office said. Stella Morra, a professor of theology at Rome's Pontifical Gregorian University, "examined the role cultures have in the recognition of the role of women in different parts of the world," the press office said. A priest and two women made presentations at the council's December meeting and published their papers in Italian in a book with a foreword by Francis, "Smaschilizzare La Chiesa?" ("De-masculinize the Church?"). During the preparation for the synod on synodality and during its first assembly in October, the pope wrote in the foreword, "We realized that we have not listened enough to the voice of women in the church and that the church still has a lot to learn." "It is necessary to listen to each other to 'de-masculinize' the church because the church is a communion of men and women who share the same faith and the same baptismal dignity," he wrote. At the February meeting, the pope and cardinals heard from: Bishop Jo Bailey Wells, deputy secretary-general of the Anglican Communion; Salesian Sister Linda Pocher, a professor of Christology and Mariology at Rome's Pontifical Faculty of Educational Sciences "Auxilium"; and Giuliva Di Berardino, a consecrated virgin and liturgist from the Diocese of Verona, Italy. Bailey Wells said she was invited to "describe the Anglican journey in regard to the ordination of women, both in the Church of England and across the (Anglican) Communion." At the April meeting, the Vatican said, the second day began with a report about the ongoing Synod of Bishops on synodality by Cardinal Mario Grech, secretary-general of the Synod of Bishops, and Msgr. Piero Coda, secretary general of the International Theological Commission.

***"I am the Good Shepherd."***





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