



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



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"Word and Sacrament"

3rd SUNDAY OF EASTER - 14th APRIL, 2024 - B

THE CATHEDRAL BOOK STORE IS LOCATED IN THE PASTORAL CENTRE.



PASTORAL PROGRAM AT HOLY FAMILY CATHEDRAL PARISH

FEEDING PROGRAM - for the Shut-Ins and the Elderly, is ongoing-

Donations to support these programs are welcome. Please write to the Administrator, Holy Family Cathedral P. O. Box 16 or Michael's Mount, St. John's, Antigua.

LAST WEEK'S COLLECTION
7th April, 2024

	1st	2nd
Cathedral Saturday	\$ 2,166.99	\$ 809.91
Sunday		
7:00 am	\$ 1,810.84	\$ 517.89
9:00 am	\$ 1,729.20	\$ 568.49
Potters	\$ 536.80	\$ 120.00
Parham	\$ 941.25	\$ 120.00
Villa	\$ 993.35	\$ 107.67
Donovans	\$ 248.00	\$ 82.00
Diocesan Schools	\$ 175.00	

Thank you for your generosity

THANK YOU!! The Catechetical, Youth & Ministry and the Pontifical Missionary Society (PMS) say a heartfelt thank you to the children, young people, parents, and parishioners who contributed food items and toiletries towards the Lenten Pantry Drive which provided food packages to shut-ins, needy families and individuals. May the Lord continue to bless you abundantly as you blessed others.

CONFIRMATION RETREAT WEEKEND: We pray for the 28 young people who will be confirmed in June. From April 26th - 28th these young people will be at Mt. Tabor Retreat Center on retreat. We pray that the Holy Spirit will truly transform their lives to be true witnesses for Christ. Please keep them in your daily prayers.

BIBLE STUDY: The next session with Fr. Jean Paul and Fr. Wacuma will commence on Wednesday April 24th from 6:45 p.m. to 8:00 p.m.

Parishioners are invited to join us at Pleasure Cove Beach Runaway on Pentecost Monday from 11:00 am. Tickets will be available at \$20 for chicken and pork or fish lunch. Proceeds are for the upkeep of the Missionaries of the Poor Brothers soon to assist at the St. Francis Home for the Homeless. Please support.

Christ the King High School is now accepting applications for the 2024-2025 academic year. Please collect the application form from the school's office or send an email request to ckhs1933@outlook.com. Application Deadline is Wednesday 15th May, 2024.

ENTECEOST SUNDAY

Mass will be celebrated at Holy Family Cathedral Sunday 19th May at 9am.

Holy Family Cathedral Parish presents **PENTECOST SUNDAY with a difference.** There will be Entertainment, Food and Fun after Mass at 11:00 am in the upper car park of the Cathedral grounds.

St Joseph's Academy's Entrance Exam & Interviews

Application Forms for students wishing to enter **Forms 1 – 4** are now available at the school's office. Office hours are from 8:00 am – 2:00 pm. The final date for submitting applications for **Form 1** students is **Thursday, May 9.**

The exam for students wishing to enter **Form 1** will be held on **Saturday, May 11,** beginning at 8:00 am.

Interviews for students wishing to enter **Forms 2 – 4** will begin on **Monday, June 10, 2024**



Lectio Divina

**The Prayer of the Synod
Adsumus Sancte Spiritus**

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

PRAYER FOR THE SICK & SHUT-INS :

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands. **We place our sick under your care and humbly ask that you restore your servant to health again.** Amen.

Gillian Howie, Nelister Sebastian, Catherine Durand, Dion Thomas, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, David Morris, Gweneth Bryan, Shanla Carr, Arnold Gomes, Auchland Jarvis, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart., Joan Underwood, Cosmas Rowe, Andrea Brown, Latoya Edmun-Joseph, Rose Margetson, Niethia Dyier, Patrick Skerritt, Victor Charles. Junie Browne.

READ: The two disciples who encountered the risen Christ on their way to Emmaus joined the other disciples. Jesus appeared in their midst. The disciples were afraid and thought they were seeing a ghost. Jesus showed them his hands and feet, explaining that a ghost does not have flesh and bones. The disciples were overjoyed yet could not fully believe due to their astonishment. Jesus asked for something to eat. They gave him a piece of broiled fish. He ate it before their very eyes. Then Jesus reminded them of what he told them about the Messiah, the preaching of repentance and of the witnessing by the disciples.

REFLECT: Jesus' glorified body has flesh and bones. This conveys that the reality of the resurrection is far more than what we can imagine. What appears very interesting in today's Gospel is that it narrates that the risen Christ ate a piece of broiled fish. This entails that Jesus' glorified body was nourished by a piece of broiled fish. A more profound implication is that the gift of the natural world will be part of the world to come. It is worth reflecting that creation is included in God's salvific plan and act. There is more in the reality of the resurrection than just seeing a ghost. We believe that we shall have glorified bodies in a whole new world.

PRAY: Let us pray for the ecological conversion of everyone.

ACT: Let us do one concrete action for the care of our common home.

St. John's Catholic Primary School is pleased to announce that registration is open for the period of March 15th to May 15th 2024. We are accepting preschool and primary school students, ages two and a half to eleven years old. Application forms can be collected from the school's office from 8am – 12pm daily, or can be emailed to you. To receive the form via email, please send a request email to sjcpsprimary@gmail.com, **Subject – Preschool Application Form or Primary School Application Form.**

To complete the application process, you will need copies of your child's:

- Birth certificate
- Baptismal certificate where applicable
- Health and immunization card
- Recent school report or transcript
- A passport size picture
- \$120 registration fee
- Completed application form

We are looking forward to welcoming you to our SJCPS family.

YOUTH LEADERSHIP TRAINING for Young Adults & Adults:

Are you interested in being trained for the Youth Leadership Ministry? You are invited to register for the ONE Day Workshop to be held on April 25th from 10:00 a.m. - 4:00 p.m. at the St. Lwanga Youth Center. some of the areas to be covered in the training are:

- The Framework of Youth ministry
- Understanding the role of the Youth Minister
- A basic overview of the Myers - Briggs Typology Indicator (understanding your personality)
- Effective planning and preparation for Youth Ministry Activities

Please register your interest by sending an email to catechetichfc@gmail.com or whatsapp 773-6833. Or use the registration link. <https://forms.gle/AqwcfQ4NcRtHY53k9>
Final Registration date April 18th, 2024.

This Sunday's Readings

14th April, 2024

First Reading: 3: 13-15, 17-19

Responsorial Psalm: Lord, let your face shine on us.

Second Reading: 1 John 2: 1-5

Gospel: Luke 24: 35-48

Readings for Monday to Saturday

Monday 15th April

Acts 6: 8-15

Psalm 119: 23-24, 26-27, 29-30

John 6:22-29

Tuesday 16th April

Acts 7: 51-8: 1

Psalm 31: 3-4, 6-8, 17, 21

John 6: 30-35

Wednesday 17th April

Acts 8: 1-8

Psalm 66: 1-7

John 6: 35-40

Thursday 18th April

Acts 8: 26-40

Psalm 66: 8-9, 16-17, 20

John 6: 44-51

Friday 19th April

Acts 9: 1-20

Psalm 117: 1, 2

John 6: 52-59

Saturday 20th April

Acts 9: 31-42

Psalm 116: 12-17

John 6: 60-69

WHAT THE FIRST READING SAYS TO ME

This passage is the first of six major sermons in Acts. All of these six sermons deal with the substance of the Christian message. It is: "Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory" (2nd Memorial Acclamation at Mass). Peter's citation from Psalm 16 illustrates the freedom with which the early Church made use of the Hebrew Bible. The Psalm describes God as saving his chosen ones from destruction. Peter applies this to God's chosen one par excellence, Jesus Christ, and brings out his point: God raised up Jesus from the dead according to his "set plan and foreknowledge."

WHAT THE SECOND READING SAYS TO ME

The writer describes Christ's death and its salutary effect on us in terms of the Jewish Passover: sojourn in a strange land and deliverance by the blood of a spotless Passover lamb. We are still in a strange land, but we are delivered by Christ our Passover Sacrifice. For final deliverance from pain and evil, we have "faith and hope... in God."

WHAT THE GOSPEL SAYS TO ME

This story is one of the most beautifully written by Luke and it offers a wealth of theological (religious) insight. God's word should be "burning within" us as often as we meditatively read it at home and listen to it in church. Meeting the Lord Jesus in the breaking of bread (the Eucharistic celebration) should open our eyes ever more! "Lord Jesus, open the Scriptures to us; make our hearts burn while you speak to us" (Gospel Acclamation).

KNOW YOUR CHURCH

A video experience of the Eucharist might have value if it makes people hunger for the real thing, but as an alternative for showing up to church, it is the ecclesial equivalent of substituting a cooking channel for a dinner with family or friends.

It is time for the church to tell priests to stop broadcasting the Eucharist.

Prior to the pandemic, watching the Mass on television was a rarity, limited to EWTN customers and the occasional major papal ceremony. Regular broadcasts were principally aimed at shut-ins and the sick. I support continuing limited broadcasting to such parishioners as long as they are brought Communion from the parish Mass they had watched online.

During the pandemic, it was difficult, if not impossible, to celebrate the Eucharist in parishes because of the fear of contagion. In many places public health officials told people, especially the elderly, to stay home rather than risk the possibility of infection. One pastoral response to the pandemic was to make the Eucharist available for watching online.

But we have become so accustomed to online Eucharists that they are viewed as normal and appropriate. Many parishes continue to stream the Eucharist live even though the pandemic has passed. With the streaming equipment already installed, the cost is minimal. Pastors, meanwhile, don't want to give up the online donations.

And the momentum is likely to continue. If not banned, remotely observed Eucharists may become even more common as the church's way of dealing with a shortage of priests.

Taking online Eucharists to their logical conclusion, people could try to receive Communion from the comfort of home. Bread and wine could be put in front of the screen, and the priest could consecrate them from afar. If God is powerful enough to change the bread and wine when it is on the altar a short distance from the priest, isn't God powerful enough to do it at a distance of thousands of miles? Miracles don't require proximity.

"Have you anything to eat?"





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BETTER EVERYDAY**